Norwich
(B) V Cross Country

Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2023	Fri	Regular Season (Greene XC)	@ TBD	9:30 AM		TBD	**Departure Point:** High School Gym Doors **Departure Time:** 8:30 PM	NL
Sep 5, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 6, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 9, 2023	Sat	Regular Season (Dave Flash Forbes Invitational)	@ Oneonta	10:00 AM	12:00 PM	Fortin Park	**Departure Point:** High School Gym Doors **Departure Date:** Sep 9, 2023 **Departure Time:** 8:00 AM	L
Sep 11, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 12, 2023	Tue	Regular Season (MAC meet (Unadilla Valley))	@ Unadilla Valley (UV/GMU)	4:00 PM		Softball Field North	**Departure Point:** High School Gym Doors **Departure Date:** Sep 12, 2023 **Departure Time:** 3:30 PM	L
Sep 13, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 14, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 15, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 16, 2023	Sat	Regular Season (McDaniel/Baxter Invite Chenango Valley School)	@ TBD	9:30 AM		TBD	**Departure Point:** High School Gym Doors **Departure Date:** Sep 16, 2023 **Departure Time:** 8:00 AM	L
Sep 18, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 19, 2023	Tue	Regular Season (Pathfinder Village - Edmeston)	@ TBD	4:30 PM		TBD	**Departure Point:** High School Gym Doors **Departure Date:** Sep 19, 2023 **Departure Time:** 3:30 PM	L
Sep 20, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		
Sep 21, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Sep 23, 2023	Sat	Regular Season (Owego Invite)	@ Owego Apalachin	9:00 AM		Owego Free Academy		**Departure Point:** High School Gym Doors **Departure Date:** Sep 23, 2023 **Departure Time:** 7:00 AM	L
Sep 25, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Sep 26, 2023	Tue	Regular Season (General Clinton Park Bainbridge)	@ TBD	4:00 PM		TBD	**Class Dismissal:** 3:00 PM	**Departure Point:** High School Gym Doors **Departure Date:** Sep 26, 2023 **Departure Time:** 3:15 PM	L
Sep 27, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Sep 28, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invite Maine Memorial School)	@ TBD	4:00 PM		TBD	**Class Dismissal:** 1:45 PM	**Departure Point:** High School Gym Doors **Departure Date:** Sep 29, 2023 **Departure Time:** 2:00 PM	L
Oct 2, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 3, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 4, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 5, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 6, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 7, 2023	Sat	Regular Season	Afton (Afton/Harpursville/B-G)	9:30 AM		NHS Hallways			L
Oct 7, 2023	Sat	Regular Season (Norwich Tornado 5000)	Edmeston (Edmeston/Morris)	10:00 AM		NHS Hallways			NL
Oct 7, 2023	Sat	Regular Season (Norwich Invite)	Sidney	10:00 AM		NHS Hallways			NL
Oct 7, 2023	Sat	Regular Season (Norwich Invite)	Unadilla Valley (UV/GMU)	TBD		NHS Hallways			L
Oct 10, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 11, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 12, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 13, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 14, 2023	Sat	Regular Season (Marathon Invite - Applebee Elementary)	@ TBD	8:15 AM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Oct 14, 2023 **Departure Time:** 7:15 AM	L
Oct 16, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 17, 2023	Tue	Regular Season (Whitney Point Invite)	@ TBD	3:30 PM		TBD	**Class Dismissal:** 2:15 PM	**Departure Point:** High School Gym Doors **Departure Date:** Oct 18, 2023 **Departure Time:** 2:30 PM	L
Oct 17, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 19, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 20, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 21, 2023	Sat	Regular Season (STAC Championships)	@ TBD	11:00 AM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Oct 21, 2023 **Departure Time:** 8:45 AM	L
Oct 23, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 24, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 25, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 26, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 27, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Oct 30, 2023	Mon	Practice (Boys Varsity XC Practice Sectional Practice)	N/A	4:15 PM	5:00 PM	TBD	**Bus/Driver:** Randi Crandall	**Departure Point:** NHS Gym Doors **Departure Time:** 3:30 PM	
Oct 31, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 1, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 2, 2023	Thu	Regular Season (Section 4 State Qualifiers @ CV State Park)	@ TBD	11:00 AM		Chenango Valley State Park	**Class Dismissal:** 9:15 AM	**Departure Point:** High School Gym Doors **Departure Date:** Nov 2, 2023 **Departure Time:** 9:30 AM	L
Nov 3, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 6, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 7, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 8, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 9, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 10, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 13, 2023	Mon	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 14, 2023	Tue	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 15, 2023	Wed	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 16, 2023	Thu	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 17, 2023	Fri	Practice (Boys Varsity XC Practice)	N/A	3:30 PM	5:00 PM	Stanford Gibson			
Nov 18, 2023	Sat	Regular Season (Federation Meet at Bowdowin Park - Wappengers Falls)	@ TBD	TBD		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Nov 18, 2023	L

Date: 2024-10-12