Norwich
(G) 7/8TH Cross Country

Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2023	Tue	Practice (Girls Modified XC Practice)	N/A	3:30 PM	5:30 PM	Stanford Gibson			
Sep 6, 2023	Wed	Practice (Girls Modified XC Practice)	N/A	3:30 PM	5:30 PM	Stanford Gibson			
Sep 9, 2023	Sat	Regular Season (Dave Flash Forbes Invitational Oneonta)	@ TBD	9:00 AM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Sep 9, 2023 **Departure Time:** 8:00 AM	L
Sep 12, 2023	Tue	Regular Season (MAC meet (Unadilla Valley))	@ TBD	4:30 PM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Sep 12, 2023 **Departure Time:** 3:30 PM	L
Sep 16, 2023	Sat	Regular Season (McDaniel - Baxter XC Invitational Chenango Valley High School)	@ TBD	9:00 AM	12:00 PM	TBD		**Departure Point:** High School Gym Doors **Departure Date:** Sep 16, 2023 **Departure Time:** 8:00 AM	L
Sep 19, 2023	Tue	Regular Season (Meghan Sorbera Invitational - Pathfinder Village Edmeston)	@ TBD	4:30 PM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Sep 19, 2023 **Departure Time:** 3:30 PM	L
Sep 23, 2023	Sat	Regular Season (Owego Invite)	@ TBD	8:00 PM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Sep 23, 2023 **Departure Time:** 7:00 AM	L
Sep 26, 2023	Tue	Regular Season (Mac Meet At Regatta Park)	@ TBD	4:00 PM		TBD	**Class Dismissal:** 3:00 PM	**Departure Point:** High School Gym Doors **Departure Date:** Sep 26, 2023 **Departure Time:** 3:15 PM	L
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invite Maine Memorial School)	@ TBD	4:00 PM		TBD	**Class Dismissal:** 1:45 PM	**Departure Point:** High School Gym Doors **Departure Date:** Sep 29, 2023 **Departure Time:** 2:00 PM	L
Oct 7, 2023	Sat	Regular Season (Tornado 5000)	TBD	10:00 AM		NHS Stadium (Turf Field)		**Departure Point:** High School Gym Doors	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2023	Sat	Regular Season (Norwich Invite)	Sidney	TBD		NHS Hallways			NL
Oct 14, 2023	Sat	Regular Season (Marathon Invite - Applebee Elementary)	@ TBD	8:15 AM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Oct 14, 2023 **Departure Time:** 7:15 AM	L
Oct 17, 2023	Tue	Regular Season (Whitney Point Invite)	@ TBD	3:30 PM		TBD	**Class Dismissal:** 2:15 PM	**Departure Point:** High School Gym Doors **Departure Date:** Oct 18, 2023 **Departure Time:** 2:30 PM	L
Oct 21, 2023	Sat	Regular Season (STAC Championships)	@ TBD	11:00 AM		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Oct 21, 2023 **Departure Time:** 9:45 PM	L
Nov 18, 2023	Sat	Regular Season (Federation Meet at Bowdowin Park - Wappengers Falls)	@ TBD	TBD		TBD		**Departure Point:** High School Gym Doors **Departure Date:** Nov 18, 2023	L

Date: 2024-10-12