

Coaches:

• Shaun Horan, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 28, 2025	Thu	Regular Season (XC Meet)	TBD	9:00 AM	10:30 AM	NHS Cross Country Field			NL
Sep 2, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 3, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 4, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 5, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 6, 2025	Sat	Regular Season (Forbes Invite @ Oneonta Fortin Park)	@ TBD	TBD		TBD	Bus/Driver: Bus	Departure Point: NHS Gym Departure Time: 7:30 AM	L
Sep 8, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 9, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 10, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 11, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 12, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 13, 2025	Sat	Regular Season (Conwicke-Stock Invitational @ Vestal Arnold Park)	@ TBD	TBD		TBD	Bus/Driver: Bus Class Dismissal: 7:30 AM	Departure Point: NHS Gym	L
Sep 15, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			

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Sep 16, 2025	Tue	Regular Season (@ UV)	@ TBD	4:45 PM		TBD	Bus/Driver: George Ramirez Class Dismissal: 2:00 PM	Departure Point: NHS Gym Doors Departure Time: 2:15 PM	L
Sep 17, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 18, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Stanford Gibson Athletic Field			
Sep 19, 2025	Fri	Regular Season (Owego Invite @ Owego Free Academy)	@ TBD	TBD		TBD	Bus/Driver: Bus	Departure Point: NHS Gym Departure Time: 3:30 PM	L
Sep 23, 2025	Tue	Regular Season (Meghan Sorbera Invitational @Pathfinder Village Edmeston NY 13335)	@ TBD	TBD		TBD	Class Dismissal: 2:45 PM	Departure Point: NHS Gym Departure Time: 3:00 PM	L
Sep 27, 2025	Sat	Regular Season (McDaniel/Baxter Invite @ Chenango Valley HS)	@ TBD	9:45 AM		TBD	Bus/Driver: Bus	Departure Point: NHS Gym Departure Time: 7:30 AM	L
Sep 27, 2025	Sat	Regular Season (EJ Hermann)	@ TBD	TBD		TBD	Bus/Driver: Bus	Departure Point: NHS Gym Departure Time: 7:30 AM	L
Sep 30, 2025	Tue	Regular Season (@ General Clinton Park)	@ TBD	TBD		General Clinton Park - Bainbridge		Departure Point: NHS Gym Doors Departure Time: 3:30 PM	L
Oct 4, 2025	Sat	Regular Season (McDanield- Baxter XC Invitational @ CV School)	@ TBD	9:45 AM		TBD		Departure Point: NHS Gym Departure Time: 7:30 AM	L
Oct 11, 2025	Sat	Regular Season (Norwich Invite)	Sidney	9:30 AM		NHS Cross Country Field			NL
Oct 11, 2025	Sat	Regular Season (Norwich Invitational)	Unadilla Valley (UV/GMU)	10:00 AM	11:30 AM	NHS Cross Country Field			L
Oct 11, 2025	Sat	Regular Season	TBD	11:10 AM	12:10 PM	NHS Cross Country Field			L
Oct 11, 2025	Sat	Regular Season (Tornado 5000 Invite @ Norwich HS)	TBD	TBD		NHS Stadium (Turf Field)		Departure Point: NHS Gym	L
Oct 18, 2025	Sat	Regular Season (Marathon Invite @ Appleby ES)	@ TBD	TBD		Appleby E S		Departure Point: NHS Gym Departure Time: 7:15 AM	L

DATE	WEE! DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 25, 2025	Sat	Regular Season (STAC Varsity Championships)	@ TBD	TBD		TBD	Departure Point: NHS Gym Departure Time: 9:00 AM	L
Nov 4, 2025	Tue	Regular Season (PRACTICE AT CV)	@ TBD	TBD		TBD	Departure Point: NHS Gym Doors	L
Nov 6, 2025	Thu	Regular Season (State Quals @ Chenango Valley State Park)	@ TBD	TBD		TBD	Departure Point: NHS Gym	L
Nov 15, 2025	Sat	Regular Season (State Championships @ Queensbury HS)	@ TBD	TBD		TBD	Departure Point: NHS Gym	L

Date: 2025-12-11