

Coaches:

• Joe Alger , Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice (Boys Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym		
Nov 15, 2022	Tue	Practice (Boys Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym		
Nov 16, 2022	Wed	Practice (Boys Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room		
Nov 17, 2022	Thu	Practice (Boys Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room		
Nov 18, 2022	Fri	Practice (Boys Varsity Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Nov 19, 2022	Sat	Practice (Boys Varsity Basketball Practice)	N/A	10:00 AM	12:00 PM	NHS Gym		
Nov 21, 2022	Mon	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Nov 21, 2022	Mon	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		
Nov 22, 2022	Tue	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Nov 23, 2022	Wed	Practice (Varsity Boys Basketball Practice)	N/A	9:00 AM	11:00 AM	NHS Multipurpose Room		
Nov 23, 2022	Wed	Practice (Boys Varsity Basketball Fitness Room)	N/A	12:00 PM	12:30 PM	NHS Fitness Room		
Nov 25, 2022	Fri	Practice (Varsity Boys Basketball Practice)	N/A	3:00 PM	4:30 PM	NHS Multipurpose Room		
Nov 26, 2022	Sat	Scrimmage	Cortland	11:00 AM	1:00 PM	NHS Hallways		NL
Nov 28, 2022	Mon	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Nov 28, 2022	Mon	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		
Nov 29, 2022	Tue	Practice (Varsity Boys Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		
Nov 30, 2022	Wed	Practice (Boys Varsity Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Dec 1, 2022	Thu	Regular Season 45-52 L	@ Delaware Academy	7:15 PM		Ed Shalkey HS Gymnasium	Departure Point: High School Gym Doors Departure Time: 3:30 PM	NL
Dec 2, 2022	Fri	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Dec 2, 2022	Fri	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		
Dec 3, 2022	Sat	Regular Season 47-61 L	Chenango Valley	1:45 PM	3:30 PM	NHS Hallways		NL
Dec 5, 2022	Mon	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Dec 5, 2022	Mon	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		

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Dec 6, 2022	Tue	Practice (Varsity Boys Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		
Dec 7, 2022	Wed	Regular Season 29-76 L	@ Seton Catholic Central	7:15 PM	9:00 PM	Seton CC Gym	Departure Point: High School Gym Doors Departure Time: 3:30 PM	L
Dec 8, 2022	Thu	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:00 PM	4:30 PM	NHS Fitness Room		
Dec 8, 2022	Thu	Practice (Boys Varsity Basketball Practice)	N/A	4:30 PM	6:30 PM	NHS Multipurpose Room		
Dec 9, 2022	Fri	Regular Season 45-73 L	Newfield	7:00 PM	8:30 PM	JC HS Large Gym	Departure Point: High School Gym Doors Departure Time: 3:15 PM	NL
Dec 10, 2022	Sat	Regular Season (Consolation) 47-72 L	@ Athens	11:45 AM	1:15 PM	JC HS Large Gym		NL
Dec 12, 2022	Mon	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Dec 12, 2022	Mon	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		
Dec 13, 2022	Tue	Practice (Varsity Boys Basketball Practice)	N/A	4:15 PM	6:15 PM	NHS Gym		
Dec 14, 2022	Wed	Regular Season 55-72 L	Chenango Forks	7:15 PM	9:00 PM	NHS Hallways		L
Dec 15, 2022	Thu	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:00 PM	4:30 PM	NHS Fitness Room		
Dec 15, 2022	Thu	Practice (Boys Varsity Basketball Practice)	N/A	6:30 PM	8:30 PM	NHS Multipurpose Room		
Dec 16, 2022	Fri	Practice (Boys Varsity Basketball Practice)	N/A	3:15 PM	4:30 PM	NHS Gym		
Dec 17, 2022	Sat	Regular Season 69-55 W	@ Windsor	11:45 AM		Windsor High School	Departure Point: High School Gym Doors Departure Time: 8:15 AM	L
Dec 19, 2022	Mon	Practice (Varsity Boys Basketball Practice)	N/A	3:15 PM	5:15 PM	NHS Gym		
Dec 19, 2022	Mon	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:45 PM	5:30 PM	NHS Fitness Room		
Dec 20, 2022	Tue	Practice (Varsity Boys Basketball Practice)	N/A	4:45 PM	6:15 PM	NHS Multipurpose Room		
Dec 21, 2022	Wed	Regular Season 55-69 L	Oneonta	7:15 PM	9:00 PM	NHS Hallways		L
Dec 22, 2022	Thu	Practice (Boys Varsity Basketball Fitness Room)	N/A	4:30 PM	5:15 PM	NHS Fitness Room		
Dec 22, 2022	Thu	Practice (Boys Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym		
Dec 23, 2022	Fri	Practice (Varsity Boys Basketball Practice)	N/A	10:00 AM	12:00 PM	NHS Gym		
Dec 27, 2022	Tue	Practice (Boys Varsity Basketball Practice)	N/A	1:00 PM	3:00 PM	NHS Gym		
Dec 27, 2022	Tue	Practice (Practice)	N/A	1:00 PM	3:00 PM	TBD		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 28, 2022	Wed	Regular Season (Holiday Tournament) 70-35 W	Greene	3:00 PM	5:45 PM	UV -High School Gym	Departure Point: High School Gym Doors Departure Time: 1:30 PM	NL
Dec 29, 2022	Thu	Regular Season (Unadilla Valley Holiday Tournament) 61-56 W	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 5:00 PM	NL
Dec 30, 2022	Fri	Practice	N/A	9:30 AM	11:00 AM	NHS Gym		
Jan 2, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	NHS Gym		
Jan 3, 2023	Tue	Practice	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		
Jan 4, 2023	Wed	Regular Season 53-65 L	@ Susquehanna Valley	7:15 PM	9:00 PM	SVHS Gym	Departure Point: High School Gym Doors Departure Time: 3:30 PM	L
Jan 5, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	NHS Multipurpose Room		
Jan 6, 2023	Fri	Regular Season 21-91 L	@ Binghamton	7:15 PM	9:00 PM	Binghamton High School- Gym	Departure Point: High School Gym Doors Departure Time: 3:30 PM	NL
Jan 9, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	NHS Gym		
Jan 10, 2023	Tue	Practice	N/A	3:15 PM	4:15 PM	NHS Gym		
Jan 11, 2023	Wed	Practice	N/A	4:45 PM	6:15 PM	NHS Multipurpose Room		
Jan 12, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	NHS Gym		
Jan 13, 2023	Fri	Regular Season 60-51 W	@ Chenango Valley	7:15 PM	9:00 PM	CV - HS Gym	Departure Point: High School Gym Doors Departure Time: 3:45 PM	L
Jan 17, 2023	Tue	Practice	N/A	4:45 PM	6:15 PM	NHS Multipurpose Room		
Jan 18, 2023	Wed	Practice	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		
Jan 19, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	NHS Gym		
Jan 20, 2023	Fri	Regular Season 56-74 L	Owego Apalachin	7:15 PM	9:00 PM	NHS Hallways		L
Jan 23, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	NHS Gym		
Jan 24, 2023	Tue	Practice	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		
Jan 25, 2023	Wed	Practice	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room		

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Jan 26, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	NHS Gym		LEAGUE
Jan 27, 2023	Fri	Regular Season 61-48 W	Windsor	7:15 PM	9:00 PM	NHS Hallways		L
Jan 30, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	NHS Gym		
Jan 31, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	NHS Multipurpose Room		
Feb 1, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	NHS Multipurpose Room		
Feb 2, 2023	Thu	Regular Season (Senior Night) 26-60 L	@ Oneonta	7:45 PM	9:00 PM	Oneonta High School	Departure Point: High School Gym Doors Departure Time: 3:45 PM	L
Feb 4, 2023	Sat	Practice	N/A	9:30 AM	11:00 AM	NHS Gym		
Feb 6, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	NHS Gym		
Feb 7, 2023	Tue	Regular Season 63-55 W	Susquehanna Valley	7:15 PM	9:00 PM	NHS Hallways		L
Feb 8, 2023	Wed	Practice	N/A	4:30 PM	6:30 PM	NHS Gym		
Feb 9, 2023	Thu	Regular Season	@ Chenango Forks	7:15 PM		High School - Gym	Departure Point: High School Gym Doors	NL
Feb 10, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	NMS Gym		
Feb 11, 2023	Sat	Regular Season 62-41 W	@ Vestal	12:45 PM		Vestal High School Baseball Field		NL
Feb 13, 2023	Mon	Practice	N/A	4:30 PM	6:30 PM	NHS Gym		
Feb 14, 2023	Tue	Regular Season 42-75 L	@ Dryden	7:15 PM		Dryden H S		L
Mar 14, 2023	Tue	Practice (Workouts)	N/A	6:30 PM	8:30 PM	NHS Multipurpose Room		
Mar 16, 2023	Thu	Practice (Workouts)	N/A	6:30 PM	8:30 PM	NHS Multipurpose Room		
Mar 21, 2023	Tue	Practice (workouts)	N/A	6:30 PM	8:30 PM	NMS Gym		
Mar 23, 2023	Thu	Practice (workouts)	N/A	6:30 PM	8:30 PM	NMS Gym		
Mar 28, 2023	Tue	Practice	N/A	6:45 PM	8:30 PM	NHS Multipurpose Room		
Mar 30, 2023	Thu	Practice	N/A	6:45 PM	8:30 PM	NHS Multipurpose Room		
Apr 3, 2023	Mon	Practice	N/A	11:00 AM	12:30 PM	NHS Gym		
Apr 5, 2023	Wed	Practice	N/A	11:00 AM	12:30 PM	NHS Gym		
Apr 12, 2023	Wed	Practice	N/A	6:45 PM	8:30 PM	NHS Gym		

DATE	WEEK DAY TYPE	OPPONENTS	START END LOCATION TRANSPORTATION NON- LEAGUE
Apr 13, 2023	Thu Practice	N/A	6:45 8:30 PM PM NHS Gym
Jun 5, 2023	Mon Practice	N/A	5:15 7:15 PM PM NHS Gym
Jun 6, 2023	Tue Practice	N/A	5:15 7:15 PM PM NHS Gym

Date: 2025-12-15