

Coaches:

• Abigail Flynn, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room			
Nov 15, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room			
Nov 16, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Nov 17, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Nov 18, 2022	Fri	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Nov 19, 2022	Sat	Practice (Girls Varsity Basketball Practice)	N/A	2:00 PM	4:00 PM	NHS Gym			
Nov 21, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room			
Nov 22, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room			
Nov 23, 2022	Wed	Scrimmage	Oxford	2:30 PM	4:30 PM	NHS Gym		Departure Point: High School Gym Doors	NL
Nov 26, 2022	Sat	Scrimmage	@ Greene	10:00 AM	12:00 PM	Greene High School Gym		Departure Point: High School Gym Doors	NL
Nov 28, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Nov 29, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Nov 30, 2022	Wed	Regular Season 39-33 W	@ Sherburne- Earlville	6:00 PM		Upper Gym			NL
Nov 30, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	7:15 PM	9:15 PM	NHS Gym			
Dec 1, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 2, 2022	Fri	Regular Season (M-E Varsity vs. Norwich Varsity) 18-51 L	@ Maine- Endwell	7:15 PM		Maine- Endwell HS Gym		Departure Point: High School Gym Doors Departure Time: 3:30 PM	NL
Dec 3, 2022	Sat	Regular Season (Maine-Endwell Invitational) 26-60 L	@ TBD	11:00 AM	1:00 PM	TBD		Departure Point: High School Gym Doors Departure Time: 9:00 AM	NL
Dec 5, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Dec 6, 2022	Tue	Regular Season 57-31 W	Seton Catholic Central	7:15 PM	9:00 PM	NHS Gym			L
Dec 7, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room			
Dec 8, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Dec 9, 2022	Fri	Regular Season 26-47 L	@ Sidney	7:00 PM		Sidney HS gym		Departure Point: High School Gym Doors Departure Time: 4:00 PM	NL
Dec 10, 2022	Sat	Practice (Girls Varsity Basketball Practice)	N/A	2:00 PM	4:00 PM	NHS Multipurpose Room			
Dec 12, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Dec 13, 2022	Tue	Regular Season 42-64 L	@ Chenango Forks	7:15 PM	9:00 PM	High School - Gym		Departure Point: High School Gym Doors Departure Time: 3:30 PM	L
Dec 14, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room			
Dec 15, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Dec 17, 2022	Sat	Practice (Girls Varsity Basketball Practice)	N/A	2:00 PM	4:00 PM	NHS Gym			
Dec 19, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	5:15 PM	7:15 PM	NHS Gym			
Dec 21, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	6:15 PM	8:15 PM	NHS Multipurpose Room			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2022	Wed	Regular Season 43-38 W	@ Oneonta	7:45 PM	9:00 PM	Oneonta High School		Departure Point: High School Gym Doors Departure Time: 3:45 PM	L
Dec 22, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	7:15 PM	9:15 PM	NHS Gym			
Dec 23, 2022	Fri	Practice	N/A	5:00 PM	7:00 PM	NHS Gym			
Dec 27, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	NHS Gym			
Dec 28, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	NHS Gym			
Dec 29, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	NHS Gym			
Dec 30, 2022	Fri	Regular Season 38-62 L	Binghamton	1:45 PM	3:30 PM	NHS Gym		Departure Point: High School Gym Doors	NL
Jan 2, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	NHS Gym			
Jan 2, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	NHS Multipurpose Room			
Jan 3, 2023	Tue	Practice	N/A	7:15 PM	9:15 PM	NHS Gym			
Jan 4, 2023	Wed	Practice	N/A	5:15 PM	7:15 PM	NHS Gym			
Jan 5, 2023	Thu	Regular Season 50-60 L	Susquehanna Valley	7:15 PM	9:00 PM	NHS Gym			L
Jan 6, 2023	Fri	Practice	N/A	5:15 PM	7:15 PM	NHS Gym			
Jan 9, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	NHS Gym			
Jan 10, 2023	Tue	Regular Season 45-70 L	Chenango Forks	7:15 PM	9:15 PM	NHS Gym			NL
Jan 11, 2023	Wed	Regular Season 41-37 W	Windsor	7:15 PM	9:00 PM	NHS Gym			L
Jan 13, 2023	Fri	Practice	N/A	5:15 PM	7:15 PM	NHS Gym			
Jan 14, 2023	Sat	Regular Season 28-44 L	Chenango Valley	1:45 PM	3:30 PM	NHS Gym			L
Jan 16, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	NHS Gym			
Jan 17, 2023	Tue	Practice	N/A	7:15 PM	9:15 PM	NHS Gym			
Jan 18, 2023	Wed	Regular Season 39-66 L	Unatego	7:15 PM	9:00 PM	NHS Gym			NL
Jan 19, 2023	Thu	Regular Season 32-57 L	@ Owego Apalachin	7:15 PM	10:00 PM	OFA Gymnasium	Class Dismissal: 2:30 PM	Departure Point: High School Gym Doors Departure Time: 2:45 PM	L

Jan 20, 2023	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar Practice N/A PM PM PM PM PM PM PM P	Jan 20, 2023	Fri	Practice	N/A			Multipurpose			
Jan 24, 2023 Wed Practice N/A PM PM PM PM PM PM PM P	Jan 23, 2023	Mon	Practice	N/A			NHS Gym			
Jan 26, 2023 Thu Practice N/A 690 PM PM PM PM PM PM PM P	Jan 24, 2023	Tue	Practice	N/A			NHS Gym			
Jan 26, 2023 Thu Practice N/A PM PM NRS Gym Pagarture Point: High School Gym Departure Time: 9.45 AM	Jan 25, 2023	Wed	Practice	N/A			NHS Gym			
Jan 26, 2023 Thu Regular Reg	Jan 26, 2023	Thu	Practice	N/A			NHS Gym			
Jan 27, 2023	Jan 26, 2023	Thu	Season	@ Windsor					High School Gym Doors Departure Time:	L
Jan 30, 2023 Mon Practice N/A PM PM PM PM PM PM PM P	Jan 27, 2023	Fri	Practice	N/A			Multipurpose			
Jan 31, 2023 Mon Fractice N/A PM PM PM PM PM PM PM P	Jan 28, 2023	Sat	Practice	N/A			NHS Gym			
Jan 31, 2023 Tue Season (Senior Valley Springfield PM PM PM PM PM PM PM P	Jan 30, 2023	Mon	Practice	N/A			NHS Gym			
Feb 1, 2023 Thu	Jan 31, 2023	Tue	Season (Senior Night)	Valley-			NHS Gym			NL
Feb 2, 2023 Thu Practice N/A 51.5 PM	Feb 1, 2023	Wed	Practice	N/A			NHS Gym			
Feb 4, 2023 Sat Regular Season 59-50 W PM PM PM PM PM PM PM	Feb 2, 2023	Thu	Practice	N/A			Multipurpose			
Feb 4, 2023 Sat Season 59-50 W Oneonta 59-50 W 1.43 PM PM PM PM NHS Gym L Feb 6, 2023 Mon Practice N/A 5:15 PM	Feb 3, 2023	Fri	Practice	N/A			NHS Gym			
Feb 6, 2023 Mon Practice N/A 5115 PM 7:15 PM Multipurpose Room Feb 8, 2023 Wed Regular Season 49-53 L @ Susquehanna 7:15 Valley 9:00 PM SVHS Gym Class Dismissal: High School Gym Doors L: High School Gym Doors Doors L: High School Gym Doors Doors L Feb 9, 2023 Thu Regular Season 63-44 W Sidney FM 7:15 PM 9:00 PM NHS Gym Departure Point: High School Gym Doors NL Feb 10, 2023 Fri Practice N/A 5:15 PM 7:15 PM NHS Gym Feb 13, 2023 Mon Regular Season 46-59 L @ Vestal 7:15 PM Vestal High School Baseball Field NL Mar 12, 2023 Sun Practice (Workouts) N/A 6:00 PM 7:30 PM NHS Gym Mar 26, 2023 Sun Practice (Workouts) N/A 6:00 7:30 PM NHS Gym	Feb 4, 2023	Sat	Season	Oneonta			NHS Gym			L
Feb 8, 2023 Wed Season Susquehanna 7:15 PM SVHS Gym PM SVHS Gym PM SVHS Gym PM SVHS Gym Doors L	Feb 6, 2023	Mon	Practice	N/A			Multipurpose			
Feb 9, 2023 Thu Season 63-44 W Sidney PM 7.15 PM 9.00 PM NHS Gym PM High School Gym Doors NL Feb 10, 2023 Fri Practice N/A 5:15 PM 7:15 PM NHS Gym Feb 13, 2023 Mon Season 46-59 L @ Vestal 7:15 PM School Baseball Field NL Mar 12, 2023 Sun Practice (Workouts) N/A 6:00 7:30 PM PM NHS Gym Mar 26, 2023 Sun Practice N/A 6:00 7:30 PM NHS Gym	Feb 8, 2023	Wed	Season	Susquehanna			SVHS Gym	Dismissal:	High School Gym Doors Departure Time:	L
Feb 10, 2023	Feb 9, 2023	Thu	Season	Sidney			NHS Gym		High School Gym	NL
Feb 13, 2023 Mon Regular Season 46-59 L @ Vestal 7:15 PM School Baseball Field Mar 12, 2023 Sun Practice (Workouts) N/A 6:00 PM 7:30 PM NHS Gym Mar 19, 2023 Sun Practice (Workouts) N/A 6:00 PM 7:30 PM NHS Gym Mar 26, 2023 Sun Practice N/A 6:00 7:30 NHS Gym	Feb 10, 2023	Fri	Practice	N/A			NHS Gym			
Mar 19, 2023 Sun (Workouts) N/A PM PM NHS Gym Mar 19, 2023 Sun Practice (Workouts) N/A 6:00 7:30 PM PM NHS Gym Mar 26, 2023 Sun Practice N/A 6:00 7:30 NHS Gym	Feb 13, 2023	Mon	Season	@ Vestal			School Baseball			NL
Mar 19, 2023 Sun (Workouts) N/A PM PM NHS Gym Mar 26, 2023 Sun Practice N/A 6:00 7:30 NHS Gym	Mar 12, 2023	Sun		N/A			NHS Gym			
Mar 26 2023 Sun M/A NHS (3/M	Mar 19, 2023	Sun		N/A			NHS Gym			
	Mar 26, 2023	Sun		N/A			NHS Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Apr 2, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Apr 9, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Apr 16, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Apr 23, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Apr 30, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
May 7, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
May 14, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
May 21, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
May 28, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Jun 4, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Jun 11, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Jun 18, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
Jun 25, 2023	Sun	Practice (Workouts)	N/A	6:00 PM	7:30 PM	NHS Gym	
TBD		Practice	N/A	8:00 AM	9:30 AM	NHS Gym	

Date: 2025-12-19