

## Coaches:

- Maria Mahoney Head Coach
- Joseph Torella Assistant Coach

WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Tue	Scrimmage	John Jay Cross River	12:00 PM		JJ Main Gymnasium		L
Wed	Scrimmage (Play Day)	@ Millbrook	9:00 AM		Millbrook HS	<b>Departure Time:</b> 8:00 AM	NL
Fri	Regular Season	@ Carmel	4:30 PM		CHS Gym	Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Thu	Regular Season	Ossining	5:00 PM		JJ Main Gymnasium		L
Sat	Regular Season (Tournament)	@ Hendrick Hudson	8:00 AM	9:00 PM	Hendrick Hudson HS	Departure Time: 6:45 AM Return Date: Return Time: 5:00 PM	L
Mon	Regular Season	@ Fox Lane	5:00 PM		Fox Lane HS	Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Thu	Regular Season	Harrison	5:00 PM		JJ Main Gymnasium		L
Mon	Regular Season	@ Clarkstown South	5:00 PM		Clarkstown South HS	Departure Time: 3:30 PM Return Date: Return Time: 9:15 PM	L
Wed	Regular Season	New Rochelle	5:00 PM		JJ Main Gymnasium		L
Tue	Regular Season	@ Mamaroneck	5:00 PM		Palmer Gym	<b>Departure Time:</b> 3:30 PM	L
Wed	Regular Season	@ Mahopac	5:00 PM		Mahopac HS	Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	L
Sat	Regular Season	@ Suffern	10:00 AM		Suffern HS	<b>Departure Time:</b> 8:30 AM	L
Mon	Regular Season	Mahopac	5:00 PM		JJ Main Gymnasium		L
Wed	Regular Season (Pink Out)	Roy C Ketcham/ Wappingers JHS	5:00 PM		JJ Main Gymnasium		L
Thu	Regular Season	@ Poughkeepsie	5:00 PM		Poughkeepsie HS	Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Sat	Regular Season (Tournament)	@ Millbrook	9:00 AM		Millbrook HS	Departure Time: 7:45 AM Return Date: Return Time: 6:15 PM	L
Tue	Regular Season	Arlington	5:00 PM		JJ Main Gymnasium		L
	Tue Wed Fri Thu Sat Mon Thu Wed Tue Wed Tue Thu Sat	Tue Scrimmage Wed Scrimmage (Play Day)  Fri Regular Season Thu Regular Season (Tournament)  Mon Regular Season  Mon Regular Season  Wed Regular Season  Tue Regular Season  Wed Regular Season  Mon Regular Season  Mon Regular Season  Regular Season	Tue Scrimmage John Jay Cross River Wed Scrimmage (Play Day) @ Millbrook  Fri Regular Season @ Carmel  Thu Regular Season Ossining  Sat Regular Season @ Hendrick Hudson  Mon Regular Season Harrison  Mon Regular Season @ Clarkstown South  Wed Regular Season New Rochelle  Tue Regular Season @ Mamaroneck  Wed Regular Season @ Mahopac  Sat Regular Season @ Suffern  Mon Regular Season Mahopac  Wed Regular Season @ Poughkeepsie  Sat Regular Season @ Poughkeepsie	Time Scrimmage John Jay Cross River 12:00 PM	Time Scrimmage John Jay Cross River PM	Time Scrimmage John Jay Cross River PM Gymnasium  Wed Scrimmage (Play Day)  Regular Season @ Carmel 4:30 PM CHS Gym  Thu Regular Season Ossining 5:00 JJ Main Gymnasium  Regular Season @ Hendrick Hudson PM PM Hudson HS  Regular Season @ Fox Lane 5:00 PM Fox Lane HS  Thu Regular Season PM Fox Lane Fox Lane HS  Thu Regular Season @ Clarkstown South PM Gymnasium  Mon Regular Season PM Fox Lane 5:00 JJ Main Gymnasium  Mon Regular Season PM Fox Lane Fox Lane HS  Thu Regular Season PM Fox Lane PM Gymnasium  Mon Regular Season PM Fox Lane PM Gymnasium  Mon Regular Season PM Rochelle PM Gymnasium  Tue Regular Season @ Mamaroneck PM PM Gymnasium  Tue Regular Season @ Mahopac 5:00 PM Palmer Gym  Wed Regular Season PM PM Gymnasium  Mon Regular Season PM PM Gymnasium  The Regular Season PM PM Gymnasium  Mahopac HS  Sat Regular Season PM PM Gymnasium  Mon Regular Season PM PM Gymnasium  The Regular Season PM PM Gymnasium  The Regular Season PM PM Gymnasium  Med Regular Season PM PM Gymnasium  The Regular Season PM PM PM Gymnasium  The Regular Season PM PM PM Gymnasium  The Regular Season PM	Time Scrimmage   John Jay Cross River   PM

DATE	WEEK DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 11, 2023	Wed	Regular Season	Carmel	5:15 PM	JJ Main Gymnasium		L
Oct 12, 2023	Thu	Regular Season (Senior Night)	Poughkeepsie	5:00 PM	JJ Main Gymnasium		L
Oct 17, 2023	Tue	Regular Season (Senior Night)	@ Roy C Ketcham/ Wappingers JHS	5:00 PM	RCK Gymnasium	<b>Departure Time:</b> 3:30 PM	L
Oct 20, 2023	Fri	Regular Season	@ Arlington	6:30 PM	Arlington HS	Departure Time: 3:30 PM Return Date: Return Time: 8:45 PM	L
Oct 28, 2023	Sat	Scrimmage	@ Cornwall	9:00 AM	Cornwall HS	Departure Time: 8:30 AM Return Date: Return Time: 11:30 AM	L
Oct 31, 2023	Tue	Regular Season (Sectionals)	@ Arlington	4:30 PM	Arlington HS	Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Nov 2, 2023	Thu	Regular Season (Sectionals)	@ North Rockland	4:30 PM	North Rockland HS	<b>Departure Time:</b> 2:30 PM	L

Date: 2026-01-01