Coaches:

Crista Burke

| DATE | WEEK DAY | ⁽ ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|-------------------------------------|--|---------------|-------------|---------------------------|---|----------------------------|
| Sep 25, 2019 | Wed | Regular Season | Carmel @ Beacon | 4:15 PM | 6:00 PM | Beacon HS | Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM | L |
| Oct 2, 2019 | Wed | Regular Season | Arlington (Union Vale Girls Cross Country) @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 3:45 PM | | Wappingers Junior High | Departure Time: 2:30 PM | L |
| Oct 5, 2019 | Sat | Regular Season | @ Brewster | TBD | | Brewster HS | Departure Time: 7:30 AM Return Date: Return Time: 1:30 PM | L |
| Oct 8, 2019 | Tue | Regular Season | Arlington (Union Vale Girls Cross Country) | 3:45 PM | 5:00 PM | TBD | | L |
| Oct 18, 2019 | Fri | Regular Season (Invitational) | @ Port Chester | 4:30 PM | 6:00 PM | SUNY Purchase | Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM | NL |
| Oct 23, 2019 | Wed | Regular Season | Carmel, Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 3:45 PM | 6:00 PM | TBD | | L |
| Oct 26, 2019 | Sat | Regular Season | @ Pawling | 12:00 PM | | Pawling HS | Departure Time: 9:45 AM Return Date: Return Time: 1:45 PM | L |
| Oct 29, 2019 | Tue | Regular Season | @ Beacon | 4:15 PM | 6:00 PM | Beacon HS | Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM | L |

Date: 2026-01-03