

## Coaches:

- Tad Herman
- Brent DiVittorio

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Sep 6, 2022	Tue	Regular Season (Pre-Leagues)	Mahopac, Carmel, Roy C Ketcham/ Wappingers JHS, Arlington	4:15 PM		Bowdoin Park	Departure Point: John Jay EF Departure Date: Sep 6, 2022 Departure Time: 3:30 PM Return Date: Sep 6, 2022 Return Time: 6:30 PM	L
Sep 10, 2022	Sat	Regular Season (Big Red Invitational)	@ Somers	8:30 AM		Somers HS	Departure Point: John Jay EF Departure Date: Sep 10, 2022 Departure Time: 6:45 AM	L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall-Hartford), Shaker High School, Roy C Ketcham/ Wappingers JHS, Remsen (Remsen/Town of Webb), Amsterdam, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	AM		Queensbury HS, Trails @ Elem. School		NL
Sep 24, 2022	Sat	Regular Season (Pearl River Invite)	@ Pearl River	10:00 AM		Milton Sports Dome	Departure Point: John Jay EF Departure Date: Sep 24, 2022 Departure Time: 8:15 AM	L
Oct 1, 2022	Sat	Regular Season (Brewster Bear XC)	@ Brewster	10:00 AM		Brewster HS	Departure Point: John Jay EF Departure Date: Oct 1, 2022 Departure Time: 8:15 AM Return Date: Oct 1, 2022 Return Time: 2:45 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 11, 2022	Tue	Regular Season (League Meet)	@ TBD	4:15 PM	Bowdoin Park	Departure Point: John Jay EF Departure Date: Oct 11, 2022 Departure Time: 3:30 PM Return Date: Oct 11, 2022 Return Time: 7:00 PM	L
Oct 22, 2022	Sat	Regular Season (Coaches Invitational)	@ TBD	10:00 AM	Bowdoin Park	Departure Point: John Jay EF Departure Date: Oct 22, 2022 Departure Time: 8:15 AM	L
Oct 29, 2022	Sat	Regular Season (Northern Counties Championship)	@ TBD	10:00 AM	Milton Sports Dome	Departure Point: John Jay EF Departure Date: Oct 29, 2022 Departure Time: 8:15 AM Return Date: Oct 29, 2022 Return Time: 12:00 PM	L
Nov 5, 2022	Sat	Regular Season (Sectional 1 Champs)	@ TBD	10:00 AM	Bowdoin Park	Departure Point: John Jay EF Departure Date: Nov 5, 2022 Departure Time: 8:30 AM	L
Nov 5, 2022	Sat	Regular Season (Section One Championship)	New Rochelle	10:00 AM	Bowdoin Park, 85 Sheafe Road, Wappingers Falls, NY		L
Nov 13, 2022	Sun	Regular Season (NY State Meet)	@ TBD	TBD	TBD	Departure Point: John Jay EF Departure Date: Nov 13, 2022	L
Nov 19, 2022	Sat	Regular Season (Federation Meet)	@ TBD	TBD	Bowdoin Park	Departure Point: John Jay EF Departure Date: Nov 19, 2022	L
Nov 26, 2022	Sat	Regular Season (Nike XC Regionals)	@ TBD	TBD	Bowdoin Park		L
Dec 16, 2022	Fri	Regular Season (Coach Saint Invitational)	@ Warwick Valley	TBD	Armory	<b>Departure Point:</b> John Jay EF	L

Date: 2024-05-03