

Coaches:

• Brian Stacy

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 2, 2023	Sat	Regular Season (Scrimmage)	Arlington	11:00 AM	12:30 PM	RCK Gymnasium		L
Sep 7, 2023	Thu	Regular Season	@ Yorktown	6:00 PM		Yorktown HS	Departure Point: 1 bus for V Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Sep 11, 2023	Mon	Regular Season	Croton- Harmon	4:30 PM		RCK Gymnasium		L
Sep 14, 2023	Thu	Regular Season	Carmel (Co- Ed Pioneer)		6:15 PM	RCK Gymnasium		L
Sep 18, 2023	Mon	Regular Season	@ Suffern	5:00 PM	6:30 PM	Suffern HS	Departure Point: 1 bus for both JV and V (JJ and RCK boys) Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Sep 21, 2023	Thu	Regular Season	Carmel (Co- Ed Pioneer)		6:00 PM	RCK Gymnasium		L
Sep 23, 2023	Sat	Regular Season	@ Mount Vernon	12:30 PM	2:00 PM	Mount Vernon HS	Departure Point: 1 bus for JV and V leaving RCK and returning to RCK Departure Time: 11:00 AM Return Date: Return Time: 5:30 PM	L
Sep 27, 2023	Wed	Regular Season	@ Arlington	4:30 PM	6:00 PM	Arlington HS	Departure Point: 1 bus for both JV and V (JJ and RCK pick up) Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Sep 30, 2023	Sat	Regular Season (North Rockland Tournament)	@ North Rockland	9:00 AM		North Rockland High School	Departure Point: 1 bus for V leaving and returning to RCK Departure Time: 7:00 AM Return Date: Return Time: 6:00 PM	L
Oct 3, 2023	Tue	Regular Season	@ Lakeland	5:00 PM	6:30 PM	Lakeland High School	Departure Point: 1 bus for both V only JJ and RCK pick up Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Oct 4, 2023	Wed	Regular Season	Mount Vernon	5:00 PM	6:30 PM	RCK Gymnasium		L
Oct 6, 2023	Fri	Regular Season	@ Scarsdale	4:45 PM	6:15 PM	Scarsdale HS	Departure Point: 1 bus for both JV and V Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L

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Oct 11, 2023	Wed	Regular Season	@ Carmel (Co-Ed Pioneer)	4:30 PM	6:00 PM	CHS	Departure Point: 1 bus for both JV and V (JJ and RCK boys) Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Oct 13, 2023	Fri	Regular Season	Arlington	4:30 PM	6:00 PM	RCK Gymnasium		L
Oct 14, 2023	Sat	Regular Season	@ Clarkstown South	3:00 PM	4:30 PM	Clarkstown South HS	Departure Point: 1 bus for both JV and V (RCK pick up) Departure Time: 12:00 PM Return Date: Return Time: 6:00 PM	L
Oct 16, 2023	Mon	Regular Season	Scarsdale	4:45 PM	6:15 PM	RCK Gymnasium		L
Oct 18, 2023	Wed	Regular Season	Walter Panas	4:30 PM	6:00 PM	John Jay East Fishkill High School	Departure Point: one way shuttle Departure Time: 3:30 PM	L
Oct 19, 2023	Thu	Regular Season (Senior Night)	Lakeland	5:00 PM	6:30 PM	RCK Gymnasium		L
Oct 20, 2023	Fri	Regular Season	@ Walter Panas	4:30 PM	6:00 PM	Walter Panas High School	Departure Point: 1 bus for V Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L

Date: 2024-04-30