

Coaches:

• Donnie Shook

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 29, 2023	Tue	Scrimmage (Scrimmage)	@ Spackenkill	1:00 PM	2:30 PM	Spackenkill HS	Departure Point: bus leaving and returning to RCK Departure Time: 12:00 PM Return Date: Return Time: 3:00 PM	L
Aug 30, 2023	Wed	Regular Season (scrimmage)	@ Millbrook	9:00 AM	4:00 PM	Millbrook HS	Departure Point: 1 bus for V only Departure Time: 8:00 AM	L
Sep 6, 2023	Wed	Regular Season	@ Port Chester	5:00 PM	6:30 PM	Port Chester HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:15 PM	L
Sep 12, 2023	Tue	Regular Season	Spring Valley (East Ramapo)	5:00 PM	6:30 PM	RCK Gymnasium		L
Sep 14, 2023	Thu	Regular Season	@ Ossining	5:00 PM	6:30 PM	Ossining HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:15 PM	L
POSTPONED Sep 15, 2023) Fri	Regular Season	Hyde Park	4:30 PM	6:00 PM	RCK Gymnasium		L
Sep 19, 2023	Tue	Regular Season	Arlington	4:30 PM	6:00 PM	RCK Gymnasium		L
Sep 20, 2023	Wed	Regular Season	@ Ursuline School	5:00 PM		Ursuline HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Sep 22, 2023	Fri	Regular Season	@ Clarkstown North	5:00 PM	6:30 PM	Clarkstown North HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:15 PM	L
Sep 26, 2023	Tue	Regular Season	Fox Lane	5:00 PM	6:30 PM	RCK Gymnasium		L
Sep 28, 2023	Thu	Regular Season	@ Suffern	5:00 PM	6:30 PM	Suffern HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:15 PM	L
Sep 30, 2023	Sat	Regular Season	Carmel	11:00 AM	12:30 PM	RCK Gymnasium		L
Oct 2, 2023	Mon	Regular Season	@ Arlington	5:00 PM	6:30 PM	Arlington HS	Departure Point: 1 bus for both JV and V Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 4, 2023	Wed	Regular Season (Pink Out)	@ John Jay HS/ Van Wyck JHS	5:00 PM		JJ Main Gymnasium	Departure Point: one way shuttle Departure Time: 4:00 PM	L
Oct 5, 2023	Thu	Regular Season	@ Mahopac	5:00 PM	6:30 PM	Mahopac HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Oct 10, 2023	Tue	Regular Season	@ Poughkeepsie	5:00 PM	6:30 PM	Poughkeepsie HS	Departure Time: 4:00 PM Return Date: Return Time: 8:45 PM	L
Oct 12, 2023	Thu	Regular Season	@ Carmel	5:00 PM	6:30 PM	CHS Gym	Departure Point: 1 bus for both JV and V Departure Time: 4:00 PM Return Date: Return Time: 9:15 PM	L
Oct 17, 2023	Tue	Regular Season (Senior Night)	John Jay HS/ Van Wyck JHS	5:00 PM		RCK Gymnasium		L
Oct 18, 2023	Wed	Regular Season	Mahopac	5:00 PM	6:30 PM	RCK Gymnasium		L
Oct 20, 2023	Fri	Regular Season	Poughkeepsie	4:30 PM	6:00 PM	RCK Gymnasium		L
Oct 31, 2023	Tue	Post-Season (Sectional Game)	@ White Plains	4:30 PM	6:00 PM	TBD	Departure Point: 1 bus for V only Departure Time: 2:30 PM	L

Date: 2024-05-17