



# Roy C Ketcham/ Wappingers JHS

## (G) V Outdoor Track

### Coaches:

- David Budd
- Charles Williams

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Mar 20, 2023	Mon	Regular Season	Poughkeepsie @ Carmel	4:30 PM	6:30 PM	CHS Track		<b>Departure Point:</b> 1 bus for both girls and boys <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM
Mar 27, 2023	Mon	Regular Season	Arlington	4:30 PM	6:30 PM	Roy C. Ketcham HS		L
Mar 30, 2023	Thu	Regular Season	Tuckahoe, Poughkeepsie	4:30 PM	6:30 PM	Roy C. Ketcham HS		L
Apr 13, 2023	Thu	Regular Season	John Jay HS/ Van Wyck JHS, Poughkeepsie	4:30 PM	6:30 PM	Roy C. Ketcham HS		L
Apr 24, 2023	Mon	Regular Season	Poughkeepsie @ Carmel	4:30 PM		CHS Track		<b>Departure Point:</b> 2 buses leave RCK and return to RCK <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM
May 1, 2023	Mon	Regular Season (League Championship)	Carmel, John Jay HS/ Van Wyck JHS, Mahopac, Poughkeepsie @ Arlington	4:30 PM	6:30 PM	Arlington HS		<b>Departure Point:</b> 2 bus for both girls and boys <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM
May 2, 2023	Tue	Regular Season (League Championship)	John Jay HS/ Van Wyck JHS, Carmel, Poughkeepsie, Mahopac @ Arlington	4:30 PM	6:30 PM	Arlington HS		<b>Departure Point:</b> 1 bus for both girls and boys <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM
May 6, 2023	Sat	Regular Season (8th Annual Race at the Oval Office)	@ Hyde Park	11:00 AM		FDR Stadium Field		<b>Departure Point:</b> 1 buses leave RCK and return to RCK - boys and girls track athletes <b>Departure Time:</b> 9:45 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM
May 13, 2023	Sat	Regular Season	@ White Plains	9:00 AM	5:00 PM	White Plains HS		<b>Departure Point:</b> 1 bus leave RCK and return to RCK <b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 20, 2023	Sat	Post-Season	@ Arlington	10:00 AM	5:00 PM	Arlington HS		<b>Departure Point:</b> 2 buses leave RCK and 1 return to RCK <b>Departure Time:</b> 8:30 AM L <b>Return Date:</b> <b>Return Time:</b> 6:00 PM
May 30, 2023	Tue	Post-Season (Milesplit track meet)	@ Hendrick Hudson	4:00 PM	5:30 PM	Hendrick Hudson HS		<b>Departure Point:</b> 1 bus for V <b>Departure Time:</b> 3:00 PM L <b>Return Date:</b> <b>Return Time:</b> 8:30 PM

Date: 2026-01-09