



Roy C Ketcham/ Wappingers JHS

(G) V Gymnastics (Wappingers)

Coaches:

- Sarah Grunbok, Head Coach
- Danielle Bethel

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 12, 2024	Thu	Regular Season	Suffern	6:45 PM		Infinity Gymnastics	Departure Point: self transport NO BUS NEEDED	L
Dec 18, 2024	Wed	Regular Season	Somers	6:45 PM	9:00 PM	Infinity Gymnastics	Departure Point: No bus needed SELF TRANSPORT	L
POSTPONED Jan 7, 2025	Tue	Regular Season	Putnam Valley @ Lakeland	6:30 PM		DYNAMIC GYMNASTICS	Departure Point: Pick up at RCK and JJ Departure Time: 4:00 PM Return Date: Return Time: 10:00 PM	L
POSTPONED Jan 8, 2025	Wed	Regular Season	Suffern @ Brewster	5:00 PM		B&C Gymnastics	Departure Point: Pick up at RCK and JJ Departure Time: 3:30 PM	L
Jan 13, 2025	Mon	Regular Season	Scarsdale	6:45 PM		Infinity Gymnastics	Departure Point: No bus needed SELF TRANSPORT	L
Jan 21, 2025	Tue	Regular Season	@ Mahopac	6:30 PM	8:30 PM	Eclipse Gymnastics	Departure Point: Pick up at RCK and JJ Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM	L
Jan 22, 2025	Wed	Regular Season	@ Byram Hills	7:00 PM		Eclipse Gymnastics	Departure Point: Pick up at RCK then JJ Departure Time: 5:00 PM Return Date: Return Time: 9:00 PM	L
POSTPONED Jan 24, 2025	Fri	Regular Season	Suffern	4:30 PM	6:30 PM	Infinity Gymnastics	Departure Point: Pick up at RCK and JJ One way shuttle Departure Time: 3:30 PM	L
Jan 24, 2025	Fri	Regular Season	@ Kingston	5:00 PM		Excel Gymnastics	Departure Point: Pick up at JJ and then RCK Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 27, 2025	Mon	Regular Season	Clarkstown North, Clarkstown South @ Tappan Zee HS	6:00 PM		Galaxy Gymnastics	Departure Point: Pick up at RCK and JJ Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Feb 4, 2025	Tue	Regular Season	@ TBD		TBD	Eclipse Gymnastics	Departure Point: Pick up at RCK and JJ Departure Time: 5:15 PM Return Date: Return Time: 8:00 PM	L
Feb 10, 2025	Mon	Post-Season (Sectional Meet)	@ Mahopac		10:00 AM	Eclipse Gymnastics	Departure Point: Pick up at RCK and JJ Departure Time: 8:30 AM Return Date: Return Time: 2:30 PM	L

Date: 2026-01-10