

Coaches:

- Al Berkeley
- John Devine
- John Mahon

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2022	Sat	Regular Season (scrimmage)	Pine Bush	10:00 AM	11:30 AM	RCK Turf Field / Track		L
Sep 12, 2022	Mon	Regular Season	@ Yonkers	5:00 PM	6:30 PM	Roosevelt High School	Departure Point: 1 bus needed Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Sep 17, 2022	Sat	Regular Season	@ Mount Vernon	9:30 AM	11:30 AM	Mount Vernon HS	Departure Point: 1 bus needed Departure Time: 7:00 AM Return Date: Return Time: 1:00 PM	L
Sep 24, 2022	Sat	Regular Season	Carmel	9:30 AM		RCK Turf Field / Track		L
Oct 1, 2022	Sat	Regular Season	John Jay HS/ Van Wyck JHS	3:00 PM	5:00 PM	RCK Turf Field / Track		L
Oct 8, 2022	Sat	Regular Season	Arlington	9:30 AM	11:30 AM	RCK Turf Field / Track		L
Oct 15, 2022	Sat	Regular Season	@ North Rockland	9:30 AM	11:30 AM	North Rockland HS	Departure Point: 2 buses leave RCK and return to RCK Departure Time: 7:00 AM Return Date: Return Time: 1:00 PM	L
Oct 22, 2022	Sat	Regular Season	Suffern	9:30 AM	11:30 AM	RCK Turf Field / Track		L
Oct 29, 2022	Sat	Regular Season	White Plains	9:30 AM	11:30 AM	RCK Turf Field / Track		L

Date: 2024-05-19