



Roy C Ketcham/ Wappingers JHS

(B) 7/8TH Cross Country (Wappingers Junior High)

Coaches:

- Jeremy Atkins

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------------------|---|------------|----------|------------------------|--|---------------------|
| Sep 20, 2025 | Sat | Regular Season | @ Pawling | TBD | | Pawling HS | Departure Point: 1 bus from WJ and back to WJ girls and boys travel together Departure Time: 9:30 AM | L |
| Sep 26, 2025 | Fri | Regular Season | Arlington (LaGrange Boys Cross Country), Poughkeepsie @ Arlington (Union Vale Boys Cross Country) | 4:30 PM | | Union Vale MS | Departure Point: 1 bus from WJ and back to WJ Boys and Girls will travel together Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM | L |
| Oct 3, 2025 | Fri | Regular Season | Arlington (LaGrange Boys Cross Country), Pawling, John Jay HS/ Van Wyck JHS (Van Wyck JHS) | 4:30 PM | 6:00 PM | Wappingers Junior High | | L |
| Oct 8, 2025 | Wed | Regular Season | Carmel @ Arlington (LaGrange Boys Cross Country) | 4:30 PM | | LaGrange MS | Departure Point: 1 bus from WJ and back to WJ Boys and Girls will travel together Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM | L |
| Oct 11, 2025 | Sat | Regular Season (Burnt Hills Invite) | @ TBD | TBD | | saratoga state park | Departure Point: 1 bus from WJ and back to WJ Departure Time: 6:00 AM Return Date: Return Time: 4:00 PM | L |
| Oct 15, 2025 | Wed | Regular Season | Carmel, Poughkeepsie, Arlington (LaGrange Boys Cross Country) | 4:30 PM | | Wappingers Junior High | | L |
| Oct 20, 2025 | Mon | Regular Season | @ TBD | TBD | | Somers HS | Departure Point: 1 bus from WJ and back to WJ Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM | L |
| Oct 22, 2025 | Wed | Regular Season | Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck JHS) | 4:30 PM | | TBD | Departure Point: One way shuttle Departure Time: 3:30 PM | L |

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|--------------|----------|----------------|--|------------|----------|---------------|--|---------------------|
| Oct 28, 2025 | Tue | Regular Season | John Jay HS/ Van Wyck JHS (Van Wyck JHS) @ Arlington (Union Vale Boys Cross Country) | 4:30 PM | | Union Vale MS | Departure Point: 1 bus from WJHS and back Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM | L |

Date: 2026-02-22