



# Roy C Ketcham/ Wappingers JHS

## (G) 7/8TH Cross Country (Wappingers Junior High)

### Coaches:

- Jeremy Atkins

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2025	Sat	Regular Season	@ Pawling	TBD		Pawling HS	<b>Departure Point:</b> 1 bus from WJ and back to WJ <b>Departure Time:</b> 9:30 AM	L
Sep 26, 2025	Fri	Regular Season	TBD, Poughkeepsie @ TBD	4:30 PM		Union Vale MS	<b>Departure Point:</b> 1 bus from WJ and back to WJ Boys and Girls will travel together <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:30 PM	L
Oct 3, 2025	Fri	Regular Season	Arlington (LaGrange Girls Cross Country), Pawling, John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:30 PM	6:00 PM	Wappingers Junior High School		L
Oct 8, 2025	Wed	Regular Season	Carmel @ TBD	4:30 PM		LaGrange MS	<b>Departure Point:</b> 1 bus from WJ and back to WJ Boys and Girls will travel together <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 11, 2025	Sat	Regular Season (Burnt Hills Invite)	@ TBD	TBD		saratoga state park	<b>Departure Point:</b> 1 bus from WJ and back to WJ <b>Departure Time:</b> 6:00 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Oct 15, 2025	Wed	Regular Season	Carmel, Poughkeepsie, TBD	4:30 PM		Wappingers Junior High		L
Oct 20, 2025	Mon	Regular Season	@ TBD	TBD		Somers HS	<b>Departure Point:</b> 1 bus from WJ and back to WJ <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Oct 22, 2025	Wed	Regular Season	Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:30 PM		Van Wyck Junior High School	<b>Departure Point:</b> One way shuttle <b>Departure Time:</b> 3:30 PM	L
Oct 28, 2025	Tue	Regular Season	John Jay HS/ Van Wyck Girls/Boys Cross Country) @ Arlington (Union Vale Girls Cross Country)	4:30 PM		Union Vale MS	<b>Departure Point:</b> 1 bus from WJHS and back <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L

Date: 2025-12-13