



Roy C Ketcham/ Wappingers JHS

(G) 7/8TH Cross Country (Wappingers Junior High)

Coaches:

- Jeremy Atkins

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2024	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country), Arlington (LaGrange Girls Cross Country), Pawling	4:00 PM		Wappingers Junior High School		L
Oct 2, 2024	Wed	Regular Season	@ TBD	4:30 PM	6:30 PM	LaGrange MS	Departure Point: 1 bus from WJ and back to WJ Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Oct 9, 2024	Wed	Regular Season	@ Arlington (Union Vale Girls Cross Country)	4:30 PM	6:00 PM	Union Vale MS	Departure Point: 1 bus from WJ and back to WJ Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Oct 12, 2024	Sat	Regular Season (2024 Burnt Hills XC Invitational)	@ TBD	9:00 AM	11:00 AM	saratoga state park	Departure Point: 1 bus from WJ and back to WJ Departure Time: 6:30 AM Return Date: Return Time: 3:00 PM	L
Oct 16, 2024	Wed	Regular Season	Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:30 PM		Van Wyck Junior High School		L
Oct 21, 2024	Mon	Regular Season	Poughkeepsie, TBD @ TBD	4:30 PM	6:30 PM	Union Vale MS	Departure Point: 1 bus from WJ and back to WJ Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Oct 28, 2024	Mon	Regular Season	@ TBD	4:30 PM	6:00 PM	LaGrange MS	Departure Point: 1 bus from WJ and back to WJ Boys and Girls will travel together Departure Time: 3:30 PM	L

Date: 2025-12-17