



# Roy C Ketcham/ Wappingers JHS

## (G) 7/8TH Cross Country (Wappingers Junior High)

### Coaches:

- Jeremy Atkins

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2019	Wed	Regular Season (Cross Country Meet @ Stringham Park)	@ Arlington (Union Vale Girls Cross Country)	3:45 PM		TBD	<b>Departure Point:</b> Bus leaves WJH and returns to WJH <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 2, 2019	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country), Arlington (Union Vale Girls Cross Country)	3:45 PM		Wappingers Junior High		L
POSTPONED Oct 7, 2019	Mon	Regular Season (@ LMS)	Carmel @ Arlington (Union Vale Girls Cross Country)	4:15 PM	6:00 PM	LaGrange MS	<b>Departure Point:</b> WJH <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 12, 2019	Sat	Regular Season (Burnt Hills Invitational at Saratoga State Park)	@ TBD	9:30 AM		saratoga state park	<b>Departure Point:</b> Bus Leaves RCK and Returns to RCK <b>Departure Time:</b> 6:15 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L
Oct 17, 2019	Thu	Regular Season	Arlington (Union Vale Girls Cross Country)	4:15 PM	6:00 PM	Wappingers Junior High		L
Oct 23, 2019	Wed	Regular Season	Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	3:45 PM	6:00 PM	TBD	<b>Departure Point:</b> Bus leaves WJH and No Return <b>Departure Time:</b> 2:45 PM	L
Oct 26, 2019	Sat	Regular Season (Section 1 Northern Counties)	@ TBD	10:00 AM		Pawling HS	<b>Departure Point:</b> Bus Leaves RCK and Returns to RCK <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	L
Oct 30, 2019	Wed	Regular Season	Arlington (Union Vale Girls Cross Country)	4:15 PM	5:45 PM	Wappingers Junior High		L

Date: 2026-01-10