



Roy C Ketcham/ Wappingers JHS

(G) 7/8TH Cross Country (Wappingers Junior High)

Coaches:

- Jeremy Atkins

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 25, 2019	Wed	Regular Season (Cross Country Meet @ Stringham Park)	@ Arlington (Union Vale Girls Cross Country)	3:45 PM		TBD	Departure Point: Bus leaves WJH and returns to WJH Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Oct 2, 2019	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country), Arlington (Union Vale Girls Cross Country)	3:45 PM		Wappingers Junior High		L
POSTPONED Oct 7, 2019	Mon	Regular Season (@ LMS)	Carmel @ Arlington (Union Vale Girls Cross Country)	4:15 PM	6:00 PM	LaGrange MS	Departure Point: WJH Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Oct 12, 2019	Sat	Regular Season (Burnt Hills Invitational at Saratoga State Park)	@ TBD	9:30 AM		saratoga state park	Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 6:15 AM Return Date: Return Time: 1:00 PM	L
Oct 17, 2019	Thu	Regular Season	Arlington (Union Vale Girls Cross Country)	4:15 PM	6:00 PM	Wappingers Junior High		L
Oct 23, 2019	Wed	Regular Season	Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	3:45 PM	6:00 PM	Van Wyck Junior High School	Departure Point: Bus leaves WJH and No Return Departure Time: 2:45 PM	L
Oct 26, 2019	Sat	Regular Season (Section 1 Northern Counties)	@ TBD	10:00 AM		Pawling HS	Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 7:45 AM Return Date: Return Time: 3:00 PM	L
Oct 30, 2019	Wed	Regular Season	Arlington (Union Vale Girls Cross Country)	4:15 PM	5:45 PM	Wappingers Junior High		L

Date: 2024-05-18