



Roy C Ketcham/ Wappingers JHS

(G) V Cross Country

Coaches:

- Charlie Ropes

DATE	WEEK DAY	TYPE	OPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 6, 2022	Tue	Regular Season (Pre-Leagues)	Mahopac, Carmel, Arlington @ John Jay HS/ Van Wyck JHS	4:15 PM		Bowdoin Park		L
Sep 10, 2022	Sat	Regular Season (Warwick Valley Big Purple Wave Mania)	@ Warwick Valley	8:40 AM	2:30 PM	TBD	Departure Point: Bus Leaves and Returns to RCK Departure Time: 6:45 AM Return Date: Return Time: 3:30 PM	L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall), Shaker High School, Remsen (Remsen/Town of Webb), Amsterdam, John Jay HS/ Van Wyck JHS, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Point: 1 bus for both girls and boys Departure Time: 7:00 AM Return Date: Return Time: 5:00 PM	NL
Sep 18, 2022	Sun	Regular Season (Dutchess Classic Water Stop)	TBD	6:30 AM		Fahnestock State Park		L
Sep 24, 2022	Sat	Regular Season (Bowdoin Classic)	TBD	10:00 AM	6:00 PM	bowdoin park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	@ TBD	9:30 AM		saratoga state park	Departure Point: 1 bus needed for both girls and boys Departure Time: 6:00 AM Return Date: Return Time: 9:00 PM	L
Oct 29, 2022	Sat	Regular Season (Northern Counties Championship)	@ TBD	10:40 AM	2:00 PM	Hudson Valley Sports Dome	Departure Point: Bus Leaves and Returns to RCK Departure Time: 7:15 AM Return Date: Return Time: 3:30 PM	L

Date: 2023-09-28