



# Roy C Ketcham/ Wappingers JHS

## (G) V Cross Country

### Coaches:

- Charlie Ropes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2019	Fri	Regular Season (Red Raider Run at Bear Mountain State Park)	@ TBD	4:20 PM		TBD	<b>Departure Point:</b> Bus will leave from RCK and return to RCK. <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Sep 10, 2019	Tue	Regular Season (Multi Team Meet)	Carmel, Arlington, John Jay HS/ Van Wyck JHS, Mahopac @ Poughkeepsie	4:15 PM		Bowdoin Park	<b>Departure Point:</b> Bus Leaves RCK and Returns to RCK <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Sep 14, 2019	Sat	Regular Season (Warwick Valley Big Purple Invitational at Sanfordville Elementary School)	@ Warwick Valley	8:40 AM		TBD	<b>Departure Point:</b> Bus will leave from RCK and return to RCK. <b>Departure Time:</b> 6:45 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	NL
Sep 15, 2019	Sun	Regular Season (Dutchess Classic Water Stop)	@ TBD	7:30 AM		TBD	<b>Departure Point:</b> Bus will leave from RCK and return to RCK. <b>Departure Time:</b> 6:45 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L
POSTPONED Sep 21, 2019	Sat	Regular Season (Dan Purdy Invitational )	@ Pawling	10:00 AM		Pawling HS	<b>Departure Point:</b> Bus will leave from RCK and return to RCK. <b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	NL
Sep 28, 2019	Sat	Regular Season (Bowdoin Classic)	@ TBD	10:00 AM		RCK Cross Country Bowdoin Park	<b>Departure Point:</b> No Transportation	L
Oct 12, 2019	Sat	Regular Season (Burnt Hills Invitational)	@ TBD	9:30 AM		saratoga state park	<b>Departure Point:</b> Bus Leaves RCK and returns to RCK <b>Departure Time:</b> 6:15 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L

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Oct 15, 2019	Tue	Regular Season	@ Arlington	4:15 PM	7:00 PM	Bowdoin Park	<b>Departure Point:</b> Bus Leaves RCK and returns to RCK <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 19, 2019	Sat	Regular Season (Section 1 Coaches Invite)	TBD	11:00 AM		TBD	<b>Departure Point:</b> No Transportation	L
Oct 26, 2019	Sat	Regular Season (Section 1 Northern Counties)	@ TBD	10:00 AM		Pawling HS	<b>Departure Point:</b> Bus Leaves RCK and Returns to RCK <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	NL
Nov 9, 2019	Sat	Regular Season (Section 1 Championships)	@ TBD	10:00 AM		RCK Cross Country Bowdoin Park	<b>Departure Point:</b> No Transportation	L

Date: 2026-01-14