



Roy C Ketcham/ Wappingers JHS

(G) JV Cheerleading (Fall)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	RCK Back Gym		
Sep 13, 2018	Thu	Practice	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 14, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	RCK Back Gym		
Sep 17, 2018	Mon	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Sep 18, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Sep 20, 2018	Thu	Practice	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 21, 2018	Fri	Practice	N/A	3:00 PM	5:00 PM	RCK Back Gym		
Sep 24, 2018	Mon	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Sep 25, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Sep 27, 2018	Thu	Practice	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 28, 2018	Fri	Practice	N/A	4:00 PM	6:00 PM	RCK Back Gym		
Oct 9, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 10, 2018	Wed	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 11, 2018	Thu	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 15, 2018	Mon	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 16, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 17, 2018	Wed	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 18, 2018	Thu	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 22, 2018	Mon	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 23, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 24, 2018	Wed	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 25, 2018	Thu	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Oct 27, 2018	Sat	Regular Season	@ Walter Panas	2:00 PM		Walter Panas High School	Departure Point: Bus will leave RCK and return to RCK Departure Time: 12:00 PM L Return Date: Return Time: 5:00 PM	
Oct 29, 2018	Mon	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		
Oct 30, 2018	Tue	Practice	N/A	5:00 PM	7:00 PM	RCK Back Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 31, 2018	Wed	Practice	N/A	6:00 PM	6:00 PM	RCK Back Gym		
Nov 3, 2018	Sat	Regular Season	@ Hendrick Hudson	1:00 PM		Hendrick Hudson HS	Departure Point: Bus will leave RCK and return to RCK Departure Time: 11:00 AM Return Date: Return Time: 5:00 PM	L
Feb 9, 2019	Sat	Regular Season	John Jay HS/ Van Wyck JHS (Winter)	TBD		RCK Gymnasium		L

Date: 2026-02-08