

Roy C Ketcham/ Wappingers JHS (G) V Cheerleading (Fall)

Coaches:

- Stephanie Gruber
- Danielle Mikelic

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 20, 2018	Mon	Practice (Practice)	N/A	5:45 PM	8:00 PM	RCK Back Gym		
Aug 21, 2018	Tue	Practice (Practice)	N/A	5:45 PM	8:00 PM	RCK Back Gym		
Aug 22, 2018	Wed	Practice (Practice)	N/A	5:45 PM	8:00 PM	RCK Back Gym		
Aug 29, 2018	Wed	Practice (Practice)	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Aug 30, 2018	Thu	Practice (Practice)	N/A	5:45 PM	8:00 PM	RCK Back Gym		
Sep 11, 2018	Tue	Practice (Practice)	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 13, 2018	Thu	Practice (Practice)	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 14, 2018	Fri	Practice (Game review)	N/A	4:00 PM	5:30 PM	RCK Back Gym		
Sep 17, 2018	Mon	Practice	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Sep 18, 2018	Tue	Practice (Practice)	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Sep 20, 2018	Thu	Practice (Practice)	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Sep 21, 2018	Fri	Practice (Game review)	N/A	4:00 PM	5:30 PM	RCK Back Gym		
Sep 24, 2018	Mon	Practice	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Sep 25, 2018	Tue	Practice (Practice)	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Sep 26, 2018	Wed	Practice (Practice)	N/A	3:00 PM	8:00 PM	RCK Back Gym		
Sep 28, 2018	Fri	Practice (Game review)	N/A	2:30 PM	4:30 PM	RCK Back Gym		
Oct 4, 2018	Thu	Practice	N/A	6:00 PM		RCK Back Gym		
Oct 9, 2018	Tue	Practice	N/A	7:00 PM	9:00 PM	RCK Back Gym		
Oct 10, 2018	Wed	Practice	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Oct 11, 2018	Thu	Practice	N/A	6:00 PM	8:00 PM	RCK Back Gym		
Oct 13, 2018	Sat	Regular Season	@ Poughkeepsie	2:00 PM		Poughkeepsie HS	Departure Point: Bus will leave RCK and return to RCK Departure Time: 12:00 PM Return Date: Return Time: 5:00 PM	L
Oct 15, 2018	Mon	Practice	N/A	7:00 PM	9:00 PM	RCK Back Gym		

Departure Point: Departure Point: Departure Point: Departure Time: 9.00 PM PM PM PM PM PM PM	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 16, 2018 Use Practice N/A PM PM Gym	Oct 16, 2018	Tue	(Scrimmage & All	@ Somers			Somers HS	Bus will leave RCK and return to RCK Departure Time: 4:00 PM Return Date: Return Time: 9:00	L
Oct 17, 2018 Web Practice N/A PM PM Gym	Oct 16, 2018	Tue	Practice	N/A					
Oct 19, 2018	Oct 17, 2018	Wed	Practice	N/A					
Oct 29, 2018	Oct 18, 2018	Thu	Practice	N/A					
Cot 20, 2018	Oct 19, 2018	Fri	Practice	N/A					
Oct 23, 2018 Tue Practice N/A PM PM Gym Gym	Oct 20, 2018	Sat	Regular Season	(Varsity Fall			CHS	Bus will leave RCK and return to RCK Departure Time: 12:00 PM Return Date: Return Time: 5:00	L
Oct 24, 2018 Wed Practice N/A 6:00 8:00 RCK Back RCK Back Regular Season @ Walter Panas PM PM Return Date: Return Time: 5:00 RECK Back RETURN TIME: RETURN TIME: RETURN TIME: RETURN TIME: RET	Oct 22, 2018	Mon	Practice	N/A					
Oct 24, 2018 Wed Practice N/A PM P	Oct 23, 2018	Tue	Practice	N/A					
Oct 27, 2018	Oct 24, 2018	Wed	Practice	N/A					
Oct 27, 2018 Sat Regular Season @ Walter Panas PM 2:00 PM Walter Panas High School Bus will leave RCK and return to RCK Departure Time: 12:00 PM Return Date: Return Time: 5:00 PM L Oct 29, 2018 Mon Practice N/A 7:00 PM 9:00 PM RCK Back Gym PM	Oct 25, 2018	Thu	Practice	N/A					
Nov 3, 2018 Tue Practice N/A PM PM Gym	Oct 27, 2018	Sat	Regular Season	@ Walter Panas				Bus will leave RCK and return to RCK Departure Time: 12:00 PM Return Date: Return Time: 5:00	L
Nov 3, 2018 Sat Regular Season @ Hendrick Hudson 1:00 PM PM Gym	Oct 29, 2018	Mon	Practice	N/A					
Nov 3, 2018 Sat Regular Season @ Hendrick Hudson TBD Bus will leave RCK and return to RCK Departure Time: 11:00 AM Return Date: Return Time: 5:00 PM Nov 5, 2018 Mon Practice (Tryouts) N/A Practice (Tryouts) N/A 6:00 7:30 RCK Back PM PM Gym Nov 6, 2018 Tue Practice (Tryouts) N/A 6:00 7:30 RCK Back PM PM Gym Row Gym Nov 7, 2018 Wed Practice (Practice) N/A 6:00 7:30 RCK Back PM PM Gym Row Gym Row Gym Row Back PM PM Gym Row Gym Row Gym Row Back PM PM Gym Row Gym Row Back Back PM PM Gym Row Gym Row Back Back PM PM Gym Row Back PM PM Gym	Oct 30, 2018	Tue	Practice	N/A					
Nov 5, 2018 Mon Practice (Tryouts) N/A PM PM Gym Nov 6, 2018 Tue Practice (Tryouts) N/A 6:00 7:30 RCK Back PM PM Gym Nov 7, 2018 Wed Practice (Practice) N/A 6:00 7:30 RCK Back PM PM Gym Nov 13, 2018 Tue Practice (Practice) N/A 6:00 8:00 RCK Back	Nov 3, 2018	Sat	Regular Season				TBD	Bus will leave RCK and return to RCK Departure Time: 11:00 AM Return Date: Return Time: 5:00	L
Nov 7, 2018	Nov 5, 2018	Mon	Practice (Tryouts)	N/A					
Nov 7, 2018 Wed Practice (Practice) N/A PM PM Gym Nov 13, 2018 Tue Practice (Practice) N/A 6:00 8:00 RCK Back	Nov 6, 2018	Tue	Practice (Tryouts)	N/A					
NOV 13 2018 THE Practice (Practice) N/A	Nov 7, 2018	Wed	Practice (Practice)	N/A					
FIVI FIVI GYIII	Nov 13, 2018	Tue	Practice (Practice)	N/A	6:00 PM	8:00 PM	RCK Back Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 5, 2019	Sat	Regular Season (COMPETITION)	@ Eastchester	9:30 AM	12:00 PM) Eastchester HS	Departure Point: Bus will leave RCK and return to RCK Departure Time: 8:15 AM Return Date: Return Time: 12:00 PM	L
Jan 12, 2019	Sat	Regular Season	@ Mahopac	9:00 AM	5:00 PM	Mahopac HS	Departure Point: Bus will leave RCK and return to RCK Departure Time: 7:45 AM Return Date: Return Time: 12:00 PM	L
Jan 19, 2019	Sat	Regular Season	@ TBD	9:00 AM	5:00 PM	JJ Main Gymnasium	Departure Point: Bus will leave RCK and no return. Departure Time: 8:15 AM	L
Jan 23, 2019	Wed	Regular Season	@ White Plains	5:00 PM	5:00 PM	Westchester County Center	Departure Point: Bus will leave RCK and return to RCK Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Feb 9, 2019	Sat	Regular Season	John Jay HS/ Van Wyck JHS (Winter)	TBD		RCK Gymnasium		L

Date: 2025-12-30