

Coaches:

Michael Paino

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 26, 2022	Sat	Scrimmage	@ Spackenkill	10:00 AM	11:30 AM	Spackenkill HS	Departure Point: No bus needed/self transport	L
Nov 29, 2022	Tue	Scrimmage	Beacon	4:00 PM	5:30 PM	RCK Gymnasium		L
Dec 1, 2022	Thu	Scrimmage	Red Hook	4:30 PM	6:00 PM	RCK Gymnasium		L
Dec 6, 2022	Tue	Regular Season	@ Brewster	5:15 PM	6:45 PM	Brewster HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:30 PM	L
Dec 9, 2022	Fri	Regular Season	Horace Greeley	7:00 PM	8:45 PM	RCK Gymnasium		L
Dec 19, 2022	Mon	Regular Season	@ North Rockland	6:30 PM	8:00 PM	North Rockland HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Dec 21, 2022	Wed	Regular Season	Fox Lane	6:15 PM	7:45 PM	RCK Gymnasium		L
Dec 27, 2022	Tue	Regular Season (2022 Dune Davis Memorial Christmas Tournament)	@ Marlboro	1:00 PM	2:30 PM	TBD		L
Jan 4, 2023	Wed	Regular Season	John Jay HS/ Van Wyck JHS	7:00 PM	8:30 PM	RCK Gymnasium		L
Jan 10, 2023	Tue	Regular Season	Carmel	6:00 PM	7:30 PM	RCK Gymnasium		L
Jan 12, 2023	Thu	Regular Season	@ Arlington	6:30 PM	8:00 PM	Arlington HS	Departure Point: 1 bus V only Departure Time: 4:45 PM Return Date: Return Time: 9:00 PM	L
Jan 18, 2023	Wed	Regular Season	@ Poughkeepsie	6:00 PM	7:30 PM	Poughkeepsie HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Jan 20, 2023	Fri	Regular Season (PINK OUT)	@ John Jay HS/ Van Wyck JHS	7:00 PM	8:30 PM	JJ Main Gymnasium	Departure Point: No bus needed	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 27, 2023	Fri	Regular Season	@ Yonkers	5:00 PM	8:00 PM	Yonkers HS	Departure Point: 1 bus needed Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Jan 30, 2023	Mon	Regular Season	Ossining	6:15 PM	8:00 PM	RCK Gymnasium		L
Feb 1, 2023	Wed	Regular Season	@ Mahopac	6:00 PM	7:30 PM	Mahopac HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Feb 3, 2023	Fri	Regular Season	@ Carmel	6:15 PM	7:45 PM	CHS Gym	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	L
Feb 7, 2023	Tue	Regular Season	Arlington	7:00 PM	8:45 PM	RCK Gymnasium		L
Feb 9, 2023	Thu	Regular Season	Poughkeepsie	6:00 PM	7:45 PM	RCK Gymnasium		L
Feb 11, 2023	Sat	Regular Season	Mahopac	2:00 PM	3:30 PM	RCK Gymnasium		L
Feb 13, 2023	Mon	Regular Season	@ John Jay HS/ Van Wyck JHS	7:00 PM	8:00 PM	JJ Main Gymnasium	Departure Point: No bus needed	L

Date: 2025-12-06