

Coaches:

- Pat Mealy
- Walter Gulick

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 26, 2022	Sat	Regular Season (scrimmage)	Pearl River	10:00 AM	11:30 AM	RCK Gymnasium		L
Nov 29, 2022	Tue	Regular Season (scrimmage)	@ Hyde Park	5:00 PM		FDR HS A/B Gym		L
Dec 2, 2022	Fri	Regular Season	@ Poughkeepsie	6:00 PM	7:30 PM	Poughkeepsie HS	Departure Point: 1 bus for Varsity only Departure Time: 5:00 PM Return Date: Return Time: 8:30 PM	L
Dec 5, 2022	Mon	Regular Season	@ Suffern	6:00 PM	7:30 PM	Suffern HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:30 PM	L
Dec 7, 2022	Wed	Regular Season	Clarkstown South	5:15 PM	7:00 PM	RCK Gymnasium		L
Dec 17, 2022	Sat	Regular Season	@ Horace Greeley	11:00 AM	12:30 PM	Horace Greeley HS	Departure Point: 1 bus for both JV and V Departure Time: 9:00 AM Return Date: Return Time: 4:30 PM	L
Dec 20, 2022	Tue	Regular Season	North Rockland	6:15 PM	7:45 PM	RCK Gymnasium		L
Dec 28, 2022	Wed	Regular Season	Ursuline School	12:00 PM	1:30 PM	RCK Gymnasium		L
Dec 30, 2022	Fri	Regular Season	@ White Plains	11:00 AM	12:30 PM	White Plains HS	Departure Point: 1 bus for both JV and V Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	L
Jan 4, 2023	Wed	Regular Season	John Jay HS/ Van Wyck JHS	5:15 PM	7:00 PM	RCK Gymnasium		L
Jan 6, 2023	Fri	Regular Season	@ Mahopac	6:00 PM	7:30 PM	Mahopac HS	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:30 PM	L
Jan 9, 2023	Mon	Regular Season	@ Carmel	6:00 PM	7:30 PM	CHS Gym	Departure Point: 1 bus for both JV and V Departure Time: 3:30 PM Return Date: Return Time: 9:30 PM	L
Jan 12, 2023	Thu	Regular Season	@ Arlington	4:45 PM	6:00 PM	Arlington HS	Departure Point: 1 bus for Varsity only Departure Time: 4:15 PM Return Date: Return Time: 7:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 14, 2023	Sat	Regular Season	@ Mamaroneck	12:00 PM	1:30 PM	Palmer Gym	Departure Point: 1 bus for both JV and V Departure Time: 10:30 AM Return Date: Return Time: 4:30 PM	L
Jan 17, 2023	Tue	Regular Season	Harrison	5:00 PM	6:30 PM	RCK Gymnasium		NL
Jan 20, 2023	Fri	Regular Season (PINK OUT)	@ John Jay HS/ Van Wyck JHS	5:15 PM	6:15 PM	JJ Main Gymnasium	Departure Point: One way for both JV and V Departure Time: 3:30 PM	L
Jan 26, 2023	Thu	Regular Season	Albertus Magnus	5:00 PM	6:30 PM	RCK Gymnasium		L
Jan 28, 2023	Sat	Regular Season	New Rochelle	12:00 PM	1:30 PM	RCK Gymnasium		L
Jan 31, 2023	Tue	Regular Season	Mahopac	6:00 PM	7:30 PM	RCK Gymnasium		L
Feb 4, 2023	Sat	Regular Season	Carmel	12:00 PM	1:30 PM	RCK Gymnasium		L
Feb 7, 2023	Tue	Regular Season	Arlington	5:15 PM	7:00 PM	RCK Gymnasium		L
Feb 11, 2023	Sat	Regular Season	Poughkeepsie	10:30 AM	12:00 PM	RCK Gymnasium		L
Feb 13, 2023	Mon	Post-Season (scrimmage)	Putnam Valley	4:30 PM	6:30 PM	RCK Gymnasium		L
Feb 15, 2023	Wed	Post-Season (scrimmage)	Albany High School	4:30 PM	6:30 PM	RCK Gymnasium		L
Feb 17, 2023	Fri	Post-Season (Sectional Game)	Carmel	5:15 PM	7:00 PM	RCK Gymnasium		L
Feb 24, 2023	Fri	Regular Season (Sectional)	Scarsdale	6:00 PM	7:30 PM	RCK Gymnasium		L
Mar 3, 2023	Fri	Post-Season (Semi-Finals)	White Plains	3:00 PM	4:30 PM	Westchester County Center	Departure Point: One way Departure Time: 12:30 PM	L

Date: 2024-05-16