

Poughkeepsie
(B) 7/8TH Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2025	Fri	Regular Season	Arlington (LaGrange Boys Cross Country), Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) @ Arlington (Union Vale Boys Cross Country)	4:30 PM		Union Vale MS		L
Oct 8, 2025	Wed	Regular Season	Pawling, Arlington (Union Vale Boys Cross Country) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS)	4:30 PM	6:00 PM	Van Wyck Junior High School		L
Oct 15, 2025	Wed	Regular Season	Carmel, Arlington (LaGrange Boys Cross Country) @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High)	4:30 PM		Wappingers Junior High		L

Date: 2025-12-14