Coaches:

Poughkeepsie (G) 7/8TH Cross Country

DATE	WEEK TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 2, 2024	Wed Regula Seaso		4:30 PM		Van Wyck Junior High School		L
Oct 21, 2024	Mon Regula Seaso		4:30 PM	6:30 PM	Union Vale MS		L

Date: 2025-12-14