

Poughkeepsie

(G) 7/8TH Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2023	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Arlington (LaGrange Girls Cross Country) @ Arlington (Union Vale Girls Cross Country)	4:45 PM	6:45 PM	Union Vale MS		L
Oct 4, 2023	Wed	Regular Season	Pawling, Arlington (Union Vale Girls Cross Country) @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:45 PM		Van Wyck Junior High School		L
Oct 11, 2023	Wed	Regular Season	Carmel, Arlington (Union Vale Girls Cross Country) @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High)	4:45 PM	6:45 PM	Wappingers Junior High		L

Date: 2025-12-13