

Poughkeepsie
(G) V Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season	Carmel, Mahopac @ Arlington	10:40 AM		Bowdoin Park		L
Sep 12, 2023	Tue	Regular Season (Mega Duel-Meet)	Carmel, Mahopac, Roy C Ketcham/ Wappingers JHS, John Jay HS/ Van Wyck JHS @ Arlington	4:15 PM		Bowdoin Park		L
Oct 10, 2023	Tue	Regular Season	John Jay HS/ Van Wyck JHS, Carmel, Mahopac, Arlington @ Roy C Ketcham/ Wappingers JHS	4:15 PM	6:30 PM	bowdoin park		L

Date: 2025-12-10