



New Hartford

(G) V Winter Track

Coaches:

- Lisa Florenz, Head Coach
- Matthew Crumrine, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:15 PM	4:30 PM	Bradley Elementary Gym		
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Nov 19, 2025	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Nov 24, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Nov 24, 2025	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Nov 25, 2025	Tue	Practice	N/A	2:45 PM	4:15 PM	Bradley Elementary Gym		
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Dec 1, 2025	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Dec 3, 2025	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 4, 2025	Thu	Regular Season (Mohawk Valley Kickoff Meet)	@ TBD	4:00 PM		Utica College	Bus/Driver: D. Casler	Departure Point: Back of Highschool by Tennis Courts Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 5, 2025	Fri	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Dec 8, 2025	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Dec 10, 2025	Wed	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Dec 10, 2025	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 12, 2025	Fri	Regular Season (Mohawk Valley Meet #2)	@ TBD	7:30 PM	10:00 PM	Utica College	Bus/Driver: T. Plourde	Departure Point: Front of Highschool Departure Time: 6:30 PM Return Date: 10:30 PM
Dec 15, 2025	Mon	Regular Season (Oscar Jensen Memorial Relays)	@ TBD	4:00 PM	10:30 PM	Hamilton College		Departure Point: Back of Highschool by Tennis Courts Departure Time: 2:45 PM Return Date: 11:00 PM
Dec 16, 2025	Tue	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Dec 17, 2025	Wed	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Dec 18, 2025	Thu	Regular Season (Arthur McKinnon Meet)	@ TBD	4:00 PM	6:30 PM	Utica College	Bus/Driver: J. Luley	Departure Point: Back of Highschool by Tennis Courts Departure Time: 3:00 PM Return Date: 7:00 PM
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Dec 19, 2025	Fri	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Dec 26, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	New Hartford HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 29, 2025	Mon	Practice	N/A	10:00 AM	11:30 PM	New Hartford HS Gym		
Dec 30, 2025	Tue	Practice	N/A	10:00 AM	11:30 PM	New Hartford HS Gym		
Jan 2, 2026	Fri	Regular Season (John DiMao Memorial Meet)	@ TBD	12:30 PM	3:30 PM	Colgate-Sanford Field House	Departure Point: Front of Highschool Departure Time: 11:00 AM Return Date: L Return Time: 3:30 PM	
Jan 5, 2026	Mon	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Jan 6, 2026	Tue	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Jan 7, 2026	Wed	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Jan 8, 2026	Thu	Regular Season (MV Supplement Meet)	@ TBD	5:30 PM	6:30 PM	Mohawk Valley Community College	Bus/Driver: T. Newman Departure Time: 4:45 PM Return Date: L Return Time: 6:45 PM	
Jan 9, 2026	Fri	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 9, 2026	Fri	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Jan 10, 2026	Sat	Regular Season (Utica Challenge)	TBD	11:00 AM	3:00 PM	Utica College	Departure Point: Front of Highschool Departure Time: 9:45 AM Return Date: L Return Time: 3:30 PM	
Jan 12, 2026	Mon	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Jan 13, 2026	Tue	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		
Jan 14, 2026	Wed	Practice	N/A	5:00 PM	6:30 PM	Mohawk Valley Community College		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 15, 2026	Thu	Regular Season (MV Supplemental Meet)	@ TBD	5:30 PM	6:30 PM	Mohawk Valley Community College	Bus/Driver: T. Plourde	Departure Point: Front of Highschool Departure Time: 4:45 PM Return Date: Return Time: 6:45 PM
Jan 16, 2026	Fri	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 16, 2026	Fri	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Jan 20, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Bradley Elementary Gym		
Jan 21, 2026	Wed	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 21, 2026	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Jan 22, 2026	Thu	Regular Season (tvL championships)	@ TBD	7:30 PM	10:00 PM	Utica College	Bus/Driver: Tammy. P	Departure Point: Front of Highschool Departure Time: 6:00 PM Return Date: Return Time: 10:00 PM
Jan 26, 2026	Mon	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 26, 2026	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Jan 27, 2026	Tue	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 28, 2026	Wed	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Jan 28, 2026	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Jan 29, 2026	Thu	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Feb 2, 2026	Mon	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Feb 2, 2026	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Feb 3, 2026	Tue	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Feb 4, 2026	Wed	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Feb 4, 2026	Wed	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Feb 5, 2026	Thu	Practice	N/A	3:00 PM	4:15 PM	Bradley Elementary Gym		
Feb 6, 2026	Fri	Practice	N/A	3:00 PM	4:00 PM	Bradley Elementary Gym		
Feb 7, 2026	Sat	Post-Season (Sectionals)	@ TBD	9:00 AM	2:00 PM	SRC Arena, OCC	Departure Point: Front of Highschool Departure Time: 7:00 AM L Return Date: Return Time: 3:00 PM	
Feb 9, 2026	Mon	Practice	N/A	3:00 PM	4:00 PM	Bradley Elementary Gym		
Feb 9, 2026	Mon	Practice	N/A	3:15 PM	4:15 PM	High School Weight Room		
Feb 10, 2026	Tue	Practice	N/A	3:00 PM	4:00 PM	Bradley Elementary Gym		
Feb 11, 2026	Wed	Post-Season (State Qualifiers)	@ TBD	4:30 PM		SRC Arena, OCC	Departure Point: Back of Highschool by Tennis Courts Departure Time: 2:30 PM L Return Date: Return Time: 9:00 PM	
Feb 24, 2026	Tue	Post-Season (Section III Elite Meet)	@ TBD	4:30 PM	8:30 PM	SRC Arena, OCC	Departure Point: High School - Science Wing	L

Date: 2026-01-30