



New Hartford

(B) 7/8TH Swimming/Diving

Coaches:

- Jeremy Rose, Head Coach
- Braylin Sheppard, Asst Coach
- Jeremy Rose

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE	
							DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 18, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 20, 2025	Thu	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 21, 2025	Fri	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 24, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 25, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Nov 26, 2025	Wed	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 1, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 2, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	Perry Jr High School pool		
Dec 3, 2025	Wed	Regular Season	Rome Free Academy, Utica Proctor (JFK/DMS) @ Holland Patent	4:30 PM		Holland Patent HS- C. Obernesser	Bus/Driver: Departure Point: High School Pool Departure Time: 2:45 PM L Return Date: Return Time: 6:15 PM	
Dec 4, 2025	Thu	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 5, 2025	Fri	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 8, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 9, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 11, 2025	Thu	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool		
Dec 12, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	Perry Jr High School pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 16, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 17, 2025	Wed	Regular Season	Holland Patent, Rome Free Academy, Utica Proctor (JFK/DMS)	5:00 PM		New Hartford HS Pool			L
Dec 18, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	Perry Jr High School pool			
Dec 19, 2025	Fri	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 22, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 23, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 29, 2025	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Dec 30, 2025	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 2, 2026	Fri	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 5, 2026	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 6, 2026	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 7, 2026	Wed	Regular Season	Holland Patent, Utica Proctor (JFK/DMS) @ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: J. Luley	Departure Point: High School Pool Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Jan 8, 2026	Thu	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 9, 2026	Fri	Regular Season	Utica Proctor (JFK/DMS), Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: B. Blunt	Departure Point: High School Pool Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Jan 12, 2026	Mon	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			
Jan 13, 2026	Tue	Practice	N/A	4:45 PM	6:30 PM	New Hartford HS Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 14, 2026	Wed	Regular Season	Utica Proctor (JFK/DMS), Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	Bus/Driver: M. Wakefield	Departure Point: High School Pool Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L

Date: 2026-02-01