



# New Hartford

## (B) 7/8TH Swimming/Diving

### Coaches:

- Jeremy Rose, Head Coach
- Braylin Sheppard, Asst Coach
- Jeremy Rose

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 4, 2024	Wed	Regular Season	Holland Patent, Utica Proctor (JFK/DMS), Rome Free Academy	5:00 PM		New Hartford HS Pool	L
Dec 11, 2024	Wed	Regular Season	Utica Proctor (JFK/DMS), Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	L
Dec 18, 2024	Wed	Regular Season (Winter Relays)	Utica Proctor (JFK/DMS), Holland Patent @ Rome Free Academy	4:30 PM		RFA Pool	L
Jan 8, 2025	Wed	Regular Season	Rome Free Academy, Holland Patent @ Utica Proctor (JFK/DMS)	4:30 PM		PHS Swimming Pool	L
Jan 15, 2025	Wed	Regular Season	Rome Free Academy, Utica Proctor (JFK/DMS) @ Holland Patent	5:00 PM		Holland Patent HS-Pool	L

Date: 2026-01-31