



New Hartford

(B) 7/8TH Swimming/Diving

Coaches:

- Jeremy Rose, Head Coach
- Braylin Sheppard, Asst Coach
- Jeremy Rose

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2022	Fri	Scrimmage	Holland Patent, Rome Free Academy, Utica Proctor (JFK/DMS)	5:00 PM		New Hartford HS Pool		L
Dec 7, 2022	Wed	Regular Season	Rome Free Academy	5:00 PM		New Hartford HS Pool		L
Dec 9, 2022	Fri	Regular Season 35-30 W	Utica Proctor (JFK/DMS)	5:00 PM		New Hartford HS Pool		L
Dec 14, 2022	Wed	Regular Season	Holland Patent	5:00 PM		New Hartford HS Pool		L
Dec 20, 2022	Tue	Regular Season	@ Utica Proctor (JFK/DMS)	4:30 PM		PHS Swimming Pool		L
Jan 6, 2023	Fri	Regular Season (All teams Relays - Scrimmage)	Holland Patent, Utica Proctor (JFK/DMS) @ Rome Free Academy	4:30 PM		RFA Pool		L
Jan 9, 2023	Mon	Regular Season	@ Holland Patent	4:30 PM		HP HS Pool		L
POSTPONED Jan 19, 2023	Thu	Regular Season	@ West Genesee	5:00 PM		WG-HS Pool		NL
Jan 30, 2023	Mon	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker HS Pool		L

Date: 2026-01-31