

## Coaches:

- Lisa Florenz, Head Coach
- Diane Primarolo, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 3, 2023	Mon	Scrimmage	@ Vernon-Verona- Sherrill	4:00 PM		Track		NL
Apr 6, 2023	Thu	Regular Season (TVL Relays Co-Ed )	Notre Dame, Utica, Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, Utica Proctor, Vernon- Verona-Sherrill, Oneida @ Camden	4:00 PM	6:45 PM	Camden High School Stadium		L
Apr 19, 2023	Wed	Regular Season	Holland Patent	4:00 PM		HS Track		L
Apr 19, 2023	Wed	Regular Season	Notre Dame, Utica	4:00 PM	6:45 PM	HS Track		L
Apr 21, 2023	Fri	Regular Season (Cook-DeStefano Invitational)	@ TBD	TBD		PHS HS Track		NL
Apr 24, 2023	Mon	Regular Season (TVL Rookie Meet Co-ED)	Notre Dame, Utica, Central Valley Academy, Rome Free Academy, Camden, Holland Patent, Utica Proctor, Vernon- Verona-Sherrill, Oneida @ Whitesboro	6:00 PM		Ed Wadas Complex High School		L
Apr 26, 2023	Wed	Regular Season	@ Rome Free Academy	4:00 PM	6:45 PM	Stadium Track and Field		L
May 3, 2023	Wed	Regular Season	Whitesboro	4:00 PM		HS Track		L
May 5, 2023	Fri	Regular Season (Ed Wadas Memorial Invitational)	@ TBD	3:45 PM		Whitesboro High School		NL

DATE	WEE! DAY	<sup>(</sup> TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 5, 2023	Fri	Regular Season (Ed Wadas Invitational)	Watertown, Dolgeville, Waterville, Homer, Altmar-Parish-Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, Oneida, Niskayuna High School, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Rome Free Academy, Skaneateles, Lowville, Cato-Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School		NL
May 10, 2023	Wed	Regular Season	@ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)		L
May 12, 2023	Fri	Regular Season (Oneida Invitational)	@ TBD	3:45 PM		HS Track		NL
May 16, 2023	Tue	Regular Season (TVL League Meet)	Notre Dame, Utica, Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, Utica Proctor, Vernon- Verona-Sherrill, Oneida @ Camden	4:15 PM		Camden High School Stadium	1	L

Date: 2024-05-12