

Coaches:

- Lisa Florenz, Head Coach
- Diane Primarolo, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 9, 2024	Tue	Regular Season	Camden @ Vernon- Verona-Sherrill	4:00 PM		Track		L
CANCELLED Apr 13, 2024	Sat	Regular Season (South Jeff Invite)	Westhill, Holland Patent, Watertown, Sandy Creek, Jamesville-Dewitt, Camden, Sauquoit Valley @ South Jefferson	10:00 AM		SJ Wilson Elem. Track		NL
Apr 17, 2024	Wed	Regular Season	Utica Proctor	4:00 PM		HS Track		L
May 1, 2024	Wed	Regular Season	Rome Free Academy	4:30 PM		HS Track		L
May 3, 2024	Fri	Regular Season (Ed Wadas Track Invitational)	Remsen, Niskayuna High School, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish- Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, South Lewis, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School		NL
May 6, 2024	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Whitesboro, Vernon- Verona-Sherrill @ Rome Free Academy	5:30 PM		Stadium Track and Field		L
May 8, 2024	Wed	Regular Season	@ Whitesboro	4:00 PM	6:45 PM	Ed Wadas Complex High School		L
May 14, 2024	Tue	Regular Season (TVL Championship)	Camden, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Rome Free Academy, Vernon-Verona- Sherrill, Whitesboro @ Utica Proctor			PHS Stadium (Turf Field/Track)	1	L

DATE	WEEK DAY	OPPONENTS	START END TIME TIME	I CACA LICANI	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 22, 2024	Post-Seas Wed A Sectiona Champions	3 , ,	4:30 PM	ESM High School - Stadium		NL

Date: 2024-04-28