



New Hartford

(B) 7/8TH Cross Country

Coaches:

- Lisa Florenz, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2022	Sat	Regular Season	Utica Proctor (JFK/DMS)	9:00 AM		Cross Country Course (Perry JH)		L
Sep 17, 2022	Sat	Regular Season	Oneonta	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 17, 2022	Sat	Regular Season (NH Invitational)	Whitesboro	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 17, 2022	Sat	Regular Season	Notre Dame, Utica	TBD		Cross Country Course (Perry JH)		L
Sep 20, 2022	Tue	Regular Season	Notre Dame, Utica @ Utica Proctor (JFK/DMS)	4:00 PM		Proctor Park		L
Sep 24, 2022	Sat	Regular Season	@ TBD	1:00 PM		Proctor Park		L
Sep 27, 2022	Tue	Regular Season	Camden, Oneida	4:30 PM		Cross Country Course (Perry JH)		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Rome Free Academy, Notre Dame, Utica, Corcoran (Syracuse West), Oneonta, New York Mills, Westmoreland, Adirondack, Hamilton, Cooperstown (Modified), Liverpool, Central Valley Academy, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Oriskany, South Lewis, Oneida, Central Square, Remsen (Remsen/Town of Webb) @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 5, 2022	Wed	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, Rome Free Academy @ Vernon-Verona-Sherrill	4:00 PM		Cross Country Course		L
Oct 11, 2022	Tue	Regular Season	Whitesboro @ Central Valley Academy	4:00 PM		Diss Athletic Complex		L
Oct 22, 2022	Sat	Regular Season (TVL League Championship)	Utica Proctor (JFK/DMS), Central Valley Academy	10:00 AM		Cross Country Course (Perry JH)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 22, 2022	Sat	Regular Season (TVL Meet)	Central Valley Academy	4:00 PM		Cross Country Course (Perry JH)		L

Date: 2024-05-01