

## Coaches:

• Margaret Kemp, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2022	Sat	Regular Season	Oneonta	9:00 AM	Cross Country Course (Perry JH)		NL
Sep 17, 2022	Sat	Regular Season	Utica Proctor (JFK/DMS)	9:00 AM	Cross Country Course (Perry JH)		L
Sep 17, 2022	Sat	Regular Season (NH Invitational)	Whitesboro	9:00 AM	Cross Country Course (Perry JH)		NL
Sep 17, 2022	Sat	Regular Season	Notre Dame, Utica	TBD	Cross Country Course (Perry JH)		L
Sep 20, 2022	Tue	Regular Season	Notre Dame, Utica @ Utica Proctor (JFK/DMS)	4:00 PM	Proctor Park		L
Sep 24, 2022	Sat	Regular Season	@ TBD	1:00 PM	Proctor Park		L
Sep 27, 2022	Tue	Regular Season	Camden, Oneida	4:30 PM	Cross Country Course (Perry JH)		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Notre Dame, Utica, Corcoran (Syracuse West), Rome Free Academy, Oneonta, Westmoreland, New York Mills, Adirondack, Hamilton, Liverpool, Cooperstown (Modified), Central Valley Academy, Oriskany, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), Herkimer, South Lewis, Oneida, Central Square, Remsen @ Whitesboro		Deerfield Town Wilderness Park		NL
Oct 5, 2022	Wed	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, Rome Free Academy @ Vernon-Verona- Sherrill	4:00 PM	Cross Country Course		L
Oct 11, 2022	Tue	Regular Season	Whitesboro @ Central Valley Academy	4:00 PM	Diss Athletic Complex		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor (JFK/DMS), Rome Free Academy, Vernon-Verona- Sherrill, Central Valley Academy	10:00 AM	Cross Country Course (Perry JH)		L
Oct 22, 2022	Sat	Regular Season (TVL Meet )	. Central Valley Academy	4:00 PM	Cross Country Course (Perry JH)		L

Date: 2025-12-17