



Our Lady of Lourdes

(G) V Cheerleading (Winter)

Coaches:

- Kristi Plass

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Dec 6, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Small Gym		
Dec 7, 2022	Wed	Practice	N/A	4:00 PM	5:00 PM	Small Gym		
Dec 19, 2022	Mon	Practice (cheer practice)	N/A	4:15 PM	6:15 PM	Our Lady of Lourdes HS, Our Lady of Lourdes HS		
Dec 20, 2022	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Our Lady of Lourdes Dance Studio		
Dec 21, 2022	Wed	Practice (cheer practice)	N/A	4:30 PM	5:45 PM	Our Lady of Lourdes Dance Studio		
Jan 3, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Jan 4, 2023	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Jan 6, 2023	Fri	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Dance Studio		
Jan 9, 2023	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Jan 10, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Jan 11, 2023	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Jan 13, 2023	Fri	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Dance Studio		
Jan 17, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Jan 20, 2023	Fri	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Dance Studio		
Jan 23, 2023	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Jan 24, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Jan 25, 2023	Wed	Practice (cheer practice)	N/A	4:15 PM	5:00 PM	Dance Studio		
Jan 25, 2023	Wed	Practice (cheer practice)	N/A	5:00 PM	6:00 PM	Small Gym		
Jan 31, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Feb 3, 2023	Fri	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Dance Studio		
Feb 6, 2023	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Feb 7, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Dance Studio		
Feb 8, 2023	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Feb 13, 2023	Mon	Practice	N/A	4:15 PM	6:00 PM	Small Gym		
Feb 14, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Feb 15, 2023	Wed	Practice (cheer practice)	N/A	5:30 PM	6:45 PM	Small Gym		

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Feb 20, 2023	Mon	Practice (cheer practice)	N/A	4:30 PM	5:45 PM	Small Gym	
Feb 21, 2023	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym	
Feb 22, 2023	Wed	Practice (cheer practice)	N/A	4:30 PM	5:30 PM	Dance Studio	
Feb 23, 2023	Thu	Practice (cheer practice)	N/A	4:30 PM	5:30 PM	Dance Studio	
Feb 27, 2023	Mon	Practice (cheer practice)	N/A	4:15 PM	5:45 PM	Small Gym	
Mar 1, 2023	Wed	Practice (cheer practice)	N/A	4:30 PM	6:00 PM	Small Gym	
Mar 8, 2023	Wed	Practice (cheerleading)	N/A	4:15 PM	6:00 PM	Dance Studio	

Date: 2026-03-04