

Coaches:

- James Emsworth
- Jonathan Heunis
- Rich McHale
- HARRY OCASIO

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGU / NON- LEAGU
Nov 30, 2019	Sat	Scrimmage	TBD	9:30 AM	Empire Wrestling Academy			L
Dec 3, 2019	Tue	Regular Season (Section 1 D@ NYS Meet Qualifier; Irvington, Croton, Pawling and Lourdes)	@ Irvington	4:30 PM	Irvington HS			L
Dec 6, 2019	Fri	Regular Season	Saugerties	4:30 PM	Small Gym			NL
Dec 14, 2019	Sat	Regular Season	@ Duanesburg	4:30 PM	Duanesburg M/HS	Bus/Driver: Shuttle	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Dec 19, 2019	Thu	Regular Season (Dual Meet)	@ Roy C Ketcham/ Wappingers JHS	4:30 PM	RCK Gymnasium	Bus/Driver: Shuttles	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Dec 21, 2019	Sat	Regular Season (Dual Tournament)	@ Warwick Valley	TBD	Warwick Valley HS			L
Dec 27, 2019	Fri	Scrimmage	@ TBD	TBD	Empire Wrestling Academy			NL
Jan 4, 2020	Sat	Regular Season (Individual Tournament)	@ Somers	9:00 AM	Somers HS			L
Jan 5, 2020	Sun	Regular Season	@ Nanuet	4:30 PM	Nanuet HS	Bus/Driver: Shuttles		L
Jan 7, 2020	Tue	Regular Season (Dual Match)	Nanuet	5:00 PM	Small Gym			L
Jan 9, 2020	Thu	Regular Season (Dual Tournament)	@ Pawling	4:30 PM	Pawling HS	Bus/Driver: Shuttle	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Jan 11, 2020	Sat	Regular Season	@ Hendrick Hudson	11:30 AM	Hendrick Hudson HS			L
Jan 14, 2020	Tue	Regular Season (Dual Match)	Edgemont	6:00 PM	Arts and Athletics Center			L
Jan 18, 2020	Sat	Regular Season (Individual Tournament)	@ Beacon	9:30 PM	Beacon HS			NL
Jan 29, 2020	Wed	Regular Season	@ Irvington	4:30 PM	Irvington HS			L
Jan 31, 2020	Fri	Regular Season (Dual Meet)	@ Putnam Valley	4:30 PM	Putnam Valley HS	Bus/Driver: Shuttles	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	NL

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	TEND LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 1, 2020	Sat	Regular Season (Mahopac Tournament)	@ Mahopac	TBD	Mahopac HS		L
Feb 4, 2020	Tue	Regular Season	@ Arlington	4:15 PM	Arlington HS		L
Feb 4, 2020	Tue	Scrimmage (Scrimmage)	@ TBD	TBD	TBD	Bus/Driver: Shuttles	L

Date: 2024-06-02