

Coaches:

Pam Zazzarino

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 4, 2023	Tue	Practice (Summer League Practice)	N/A	8:00 AM	11:00 AM	Arts and Athletics Center		
Jul 6, 2023	Thu	Practice (Summer League Practice)	N/A	8:00 AM	11:00 AM	Arts and Athletics Center		
Jul 11, 2023	Tue	Practice	N/A	7:00 AM	9:00 AM	Arts and Athletics Center		
Jul 13, 2023	Thu	Practice	N/A	7:00 AM	9:00 AM	Arts and Athletics Center		
Jul 18, 2023	Tue	Practice	N/A	7:00 AM	9:00 AM	Arts and Athletics Center		
Jul 20, 2023	Thu	Practice	N/A	7:00 AM	9:00 AM	Arts and Athletics Center		
Jul 24, 2023	Mon	Practice	N/A	7:00 AM	9:00 AM	Arts and Athletics Center		
Aug 14, 2023	Mon	Practice	N/A	9:00 AM	12:00 PM	Arts and Athletics Center		
Aug 15, 2023	Tue	Practice	N/A	9:00 AM	12:00 PM	Arts and Athletics Center		
Aug 16, 2023	Wed	Practice	N/A	9:00 AM	PM	Center		
Aug 17, 2023	Thu	Practice	N/A	9:00 AM	12:00 PM	Arts and Athletics Center		
Aug 21, 2023	Mon	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 22, 2023	Tue	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 23, 2023	Wed	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 24, 2023	Thu	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 25, 2023	Fri	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	Arts and Athletics Center		
Aug 28, 2023	Mon	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		

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Aug 29, 2023	Tue	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Aug 30, 2023	Wed	Scrimmage	@ Millbrook	9:00 AM	5:00 PM	Millbrook HS		NL
Aug 31, 2023	Thu	Practice	N/A	9:00 AM	1:30 PM	Arts and Athletics Center		
Sep 6, 2023	Wed	Regular Season	Spackenkill	4:30 PM		Arts and Athletics Center		NL
Sep 8, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 8, 2023	Fri	Regular Season	@ Saugerties	4:15 PM		Saugerties HS		L
Sep 9, 2023	Sat	Regular Season (Goshen Tournament)	Clarkstown South, O'Neill High School, Pine Bush, Port Jervis, Florida, S.S. Seward Institute @ Goshen	9:00 AM		Goshen HS		NL
Sep 11, 2023	Mon	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 12, 2023	Tue	Regular Season	@ Hyde Park	4:15 PM		FDR Gym		L
Sep 13, 2023	Wed	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 14, 2023	Thu	Regular Season	@ Kingston	6:00 PM		Kingston HS		NL
Sep 15, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 18, 2023	Mon	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 19, 2023	Tue	Regular Season	Wallkill	4:15 PM		Arts and Athletics Center		L
Sep 20, 2023	Wed	Regular Season	Rondout Valley	4:15 PM		Arts and Athletics Center		L
Sep 21, 2023	Thu	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
CANCELLED Sep 22, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Sep 25, 2023	Mon	Practice (Varsity Practice)	N/A	4:00 PM	6:00 PM	Arts and Athletics Center		
Sep 27, 2023	Wed	Regular Season	Marlboro	4:15 PM		Arts and Athletics Center		L
Sep 28, 2023	Thu	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 2, 2023	Mon	Practice (Varsity Practice)	N/A	3:15 PM	5:00 PM	Arts and Athletics Center		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2023	Tue	Regular Season	@ Red Hook	5:45 PM		Red Hook HS		L
Oct 4, 2023	Wed	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 4, 2023	Wed	Regular Season	Pine Bush	4:30 PM		Arts and Athletics Center		NL
Oct 5, 2023	Thu	Regular Season	Saugerties	5:45 PM		Arts and Athletics Center		L
Oct 6, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 7, 2023	Sat	Regular Season (Millbrook Tournament)	@ Millbrook	9:00 AM		Millbrook HS		NL
Oct 9, 2023	Mon	Practice (Varsity Practice)	N/A	8:00 AM	11:00 AM	Arts and Athletics Center		
Oct 10, 2023	Tue	Regular Season	Hyde Park	4:15 PM		Arts and Athletics Center		L
Oct 11, 2023	Wed	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 12, 2023	Thu	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 12, 2023	Thu	Regular Season	@ New Paltz	4:45 PM		New Paltz HS		L
Oct 13, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 14, 2023	Sat	Regular Season (Tournament)	Niskayuna High School, Burnt Hills-Ballston Lake HS @ Shenendehowa High School	9:00 AM		Impact Athletic Center		NL
Oct 16, 2023	Mon	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 17, 2023	Tue	Regular Season	Minisink Valley	4:30 PM		Arts and Athletics Center		NL
Oct 18, 2023	Wed	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 19, 2023	Thu	Regular Season	@ Wallkill	5:45 PM		Wallkill HS		L
Oct 20, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 21, 2023	Sat	Regular Season (tournament - Lourdes)	Hyde Park	9:00 AM		Arts and Athletics Center		L
Oct 21, 2023	Sat	Regular Season (Tournament)	TBD	9:00 AM		Our Lady of Lourdes HS		NL
Oct 23, 2023	Mon	Regular Season	Highland	5:45 PM		Arts and Athletics Center		NL

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Oct 24, 2023	Tue	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 25, 2023	Wed	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 26, 2023	Thu	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 26, 2023	Thu	Scrimmage	Hyde Park, Millbrook	4:00 PM		Arts and Athletics Center		L
Oct 27, 2023	Fri	Practice (Varsity Practice)	N/A	3:15 PM	5:30 PM	Arts and Athletics Center		
Oct 30, 2023	Mon	Post-Season (Section IX Quarterfinals)	@ Beacon	4:30 PM		Beacon HS		L
Mar 12, 2024	Tue	Practice (Pre- workout meeting & warm up)	N/A	3:00 PM	3:30 PM	Small Gym		
Mar 13, 2024	Wed	Practice (Pre- workout meeting & warm up)	N/A	3:00 PM	3:30 PM	Small Gym		
Apr 9, 2024	Tue	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
Apr 10, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
Apr 17, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
Apr 24, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
Apr 30, 2024	Tue	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 1, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 7, 2024	Tue	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 8, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 14, 2024	Tue	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 15, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 21, 2024	Tue	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		
May 22, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center		

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May 29, 2024	Wed	Practice (Open Gym)	N/A	2:30 PM	3:30 PM	Arts and Athletics Center

Date: 2024-05-18