



Our Lady of Lourdes

(B) V Swimming/Diving

Coaches:

- Eileen Bernhardt
- Amery Bernhardt

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2019	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Nov 14, 2019	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Nov 15, 2019	Fri	Practice (Practice)	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School			
Nov 16, 2019	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School			
Nov 18, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Poughkeepsie Middle School			
Nov 19, 2019	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Nov 21, 2019	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Nov 22, 2019	Fri	Practice (Practice)	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School			
Nov 23, 2019	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School			
Nov 25, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Poughkeepsie Middle School			
Nov 26, 2019	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Nov 30, 2019	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School			
CANCELLED Dec 2, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Poughkeepsie Middle School			
Dec 3, 2019	Tue	Regular Season @ Peekskill		4:30 PM		Peekskill Middle School	Bus/Driver: Shuttle	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Dec 5, 2019	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Dec 6, 2019	Fri	Regular Season @ Nyack		5:00 PM		Rockland Community College	Bus/Driver: Shuttle	Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Dec 7, 2019	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School			
Dec 9, 2019	Mon	Regular Season	Tappan Zee HS	5:00 PM		Poughkeepsie Middle School			L
Dec 10, 2019	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Dec 12, 2019	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Dec 13, 2019	Fri	Regular Season	Keio Academy	5:00 PM		Poughkeepsie Middle School			L
Dec 14, 2019	Sat	Practice (Not a practice. Wizard invitational swim meet at washingtonville high school)		N/A	TBD	TBD			

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Dec 16, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Poughkeepsie Middle School		
POSTPONED Dec 19, 2019	Thu	Regular Season	@ Eastchester	4:30 PM		Sarah Lawrence College	Bus/Driver: JTR Departure Time: 2:00 PM	L
Dec 20, 2019	Fri	Practice (Practice)	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School		
Dec 21, 2019	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School		
Jan 6, 2020	Mon	Practice (Practice)	N/A	5:30 PM	7:00 PM	Poughkeepsie Middle School		
Jan 7, 2020	Tue	Regular Season	Mount Vernon	5:00 PM		Poughkeepsie Middle School		L
Jan 9, 2020	Thu	Regular Season	Woodlands HS	5:00 PM		Poughkeepsie Middle School		L
Jan 10, 2020	Fri	Practice	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School		
Jan 11, 2020	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School		
Jan 13, 2020	Mon	Practice (Practice)	N/A	5:30 PM	7:00 PM	Poughkeepsie Middle School		
Jan 14, 2020	Tue	Regular Season	@ Port Chester	5:00 PM		Carver Center Pool	Bus/Driver: Shuttle Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Jan 16, 2020	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School		
Jan 17, 2020	Fri	Regular Season	Beacon	5:00 PM		Poughkeepsie Middle School	Bus/Driver: Shuttle Departure Point: Lourdes North Parking Lot Departure Time: 2:30 PM	L
Jan 18, 2020	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School		
Jan 20, 2020	Mon	Practice (Practice)	N/A	5:30 PM	7:00 PM	Poughkeepsie Middle School		
Jan 21, 2020	Tue	Regular Season (Tri Meet with Lourdes, Pelham and Poughkeepsie)	Pelham	5:00 PM		Poughkeepsie Middle School		L
Jan 23, 2020	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School		
Jan 24, 2020	Fri	Practice	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School		
Jan 25, 2020	Sat	Practice	N/A	12:00 PM	1:30 PM	Poughkeepsie Middle School		
Jan 27, 2020	Mon	Practice (Practice)	N/A	5:30 PM	7:00 PM	Poughkeepsie Middle School		
Jan 28, 2020	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School		
Jan 30, 2020	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School		
Jan 31, 2020	Fri	Practice	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 1, 2020	Sat	Practice (Divisionals. Not a practice. Most likely early am at beacon high school)	N/A	TBD		TBD			
Feb 3, 2020	Mon	Practice (Practice)	N/A	5:30 PM	7:00 PM	Poughkeepsie Middle School			
Feb 4, 2020	Tue	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Feb 6, 2020	Thu	Practice (Practice)	N/A	7:30 PM	9:00 PM	Poughkeepsie Middle School			
Feb 7, 2020	Fri	Practice	N/A	5:15 PM	6:30 PM	Poughkeepsie Middle School			
Feb 8, 2020	Sat	Practice	N/A	TBD	1:30 PM	Poughkeepsie Middle School			
Feb 10, 2020	Mon	Practice (Sectionals. Not a practice. Qualifiers only)	N/A	5:00 PM		felix festa middle school			
Feb 11, 2020	Tue	Practice (Sectionals. Not a practice. Qualifiers only)	N/A	5:00 PM		felix festa middle school			

Date: 2026-01-11