



# Our Lady of Lourdes

## (B) V Cross Country

### Coaches:

- Mike Slinsky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Track		
Aug 27, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Track		
CANCELLED Aug 28, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Track		
Aug 29, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Track		
Aug 30, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	Track		
Sep 18, 2024	Wed	Regular Season	Dover @ Red Hook	4:15 PM		Bard College		L
Sep 25, 2024	Wed	Regular Season	Spackenkill @ Saugerties	4:15 PM		Hudson Valley Sports Dome		L
Sep 28, 2024	Sat	Regular Season (Bowdoin Park Cross Country Classic)	@ TBD	10:00 AM		Bowdoin Park		NL
Oct 2, 2024	Wed	Regular Season	Hyde Park, Highland	3:00 PM		Vassar Farm		L
Oct 9, 2024	Wed	Regular Season	Marlboro @ New Paltz	4:15 PM		Mohonk Preserve Spring Farm		L
Oct 12, 2024	Sat	Regular Season (Burnt Hills XC Invitational)	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		NL
Oct 16, 2024	Wed	Regular Season	Rondout Valley @ Walkkill	4:15 PM		Mohonk Preserve Spring Farm		L
Oct 31, 2024	Thu	Post-Season (MHAL Championship)	TBD	10:00 AM		Hudson Valley Sportsdome		L

Date: 2025-03-28