



Our Lady of Lourdes

(G) V Cheerleading (Fall)

Coaches:

- Kristi Plass

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Aug 18, 2025	Mon	Practice (Cheerleading tryouts)	N/A	4:00 PM	6:00 PM	Dance Studio	
Aug 19, 2025	Tue	Practice (Cheerleading tryouts)	N/A	4:00 PM	6:00 PM	Dance Studio	
Aug 20, 2025	Wed	Practice (cheer practice/uniforms)	N/A	4:15 PM	6:00 PM	Dance Studio	
Aug 21, 2025	Thu	Practice (cheer practice and parents meeting)	N/A	4:15 PM	6:00 PM	Dance Studio	
Aug 25, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Aug 26, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Aug 27, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 2, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 3, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 4, 2025	Thu	Practice (cheer practice)	N/A	5:30 PM	6:45 PM	Dance Studio	
Sep 5, 2025	Fri	Practice (tryout)	N/A	4:15 PM	5:30 PM	Dance Studio	
Sep 8, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 9, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 10, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 12, 2025	Fri	Practice (cheer practice)	N/A	5:30 PM	6:45 PM	Dance Studio	
Sep 15, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 16, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 17, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 19, 2025	Fri	Practice (cheer practice)	N/A	5:00 PM	6:00 PM	Dance Studio	
Sep 22, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym	
Sep 23, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym	
Sep 24, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym	
Sep 29, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Sep 30, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Oct 1, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	
Oct 6, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 8, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 14, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 15, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 20, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 21, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 22, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 27, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 28, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Oct 29, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Nov 3, 2025	Mon	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		
Nov 4, 2025	Tue	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Dance Studio		
Nov 5, 2025	Wed	Practice (cheer practice)	N/A	4:15 PM	6:00 PM	Small Gym		

Date: 2026-02-13