

Coaches:

- Al Viani
- Jim Santoro
- Megann Orton
- Jessica Paden

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	LEAGUE / NON- LEAGUE
Jul 1, 2022	Fri	Practice (open gym)	N/A	2:00 PM	3:30 PM	TBD	
Sep 6, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 11, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 13, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 18, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 20, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 25, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Sep 27, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 2, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 4, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 9, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 11, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 16, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 18, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 23, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 25, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Oct 30, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	
Nov 1, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 6, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 8, 2022	Tue	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 13, 2022	Sun	Practice (open gym)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 14, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	6:30 PM	9:30 PM	Arts and Athletics Center		
Nov 15, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Nov 16, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 18, 2022	Fri	Practice (Girls Varsity Basketball Practice)	N/A	2:30 PM	4:30 PM	Arts and Athletics Center		
Nov 19, 2022	Sat	Practice (Girls Varsity Basketball Practice)	N/A	2:00 PM	4:00 PM	Arts and Athletics Center		
Nov 20, 2022	Sun	Practice (Girls Varsity Basketball Practice)	N/A	1:00 PM	3:00 PM	Arts and Athletics Center		
Nov 21, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 22, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Nov 23, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Nov 25, 2022	Fri	Practice (Girls Varsity Basketball Practice)	N/A	8:00 AM	10:00 AM	Arts and Athletics Center		
Nov 26, 2022	Sat	Scrimmage 60-64 L	Albany High School	12:00 PM		Arts and Athletics Center		L
Nov 27, 2022	Sun	Practice (Girls Varsity Basketball Practice)	N/A	1:00 PM	3:00 PM	Arts and Athletics Center		
Nov 28, 2022	Mon	Regular Season (scrimmage)	Poughkeepsie	7:30 PM		Arts and Athletics Center		L
Nov 29, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 30, 2022	Wed	Practice (Girls Varsity Basketball Practice)	N/A	7:45 PM	9:30 PM	Arts and Athletics Center		
Dec 2, 2022	Fri	Practice (Girls Varsity Basketball Practice)	N/A	4:45 PM	6:45 PM	Arts and Athletics Center		
Dec 3, 2022	Sat	Regular Season (scrimmage)	@ Albertus Magnus	12:00 PM		Albertus Magnus HS		L
Dec 4, 2022	Sun	Practice (Girls Varsity Basketball Practice)	N/A	1:00 PM	3:00 PM	Arts and Athletics Center		
Dec 5, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Dec 6, 2022	Tue	Practice (Girls Varsity Basketball Practice)	N/A	5:30 PM	7:30 PM	Small Gym		
Dec 8, 2022	Thu	Practice (Girls Varsity Basketball Practice)	N/A	6:00 PM	8:00 PM	Arts and Athletics Center		
Dec 9, 2022	Fri	Practice (Girls Varsity Basketball Practice)	N/A	2:30 PM	4:30 PM	Arts and Athletics Center		
Dec 10, 2022	Sat	Regular Season (Bastian Tournament) 61-52 W	Columbia High School	1:45 PM	3:15 PM	Arts and Athletics Center		L
Dec 11, 2022	Sun	Regular Season (Our Lady of Lourdes Tournament) 53-77 L	Saratoga Springs High School	9:00 AM		Arts and Athletics Center		NL
Dec 12, 2022	Mon	Practice (Girls Varsity Basketball Practice)	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Dec 13, 2022	Tue	Regular Season	Saugerties	6:00 PM		Arts and Athletics Center		L
CANCELLED Dec 15, 2022	Thu	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Dec 16, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	Arts and Athletics Center		
Dec 17, 2022	Sat	Practice	N/A	1:30 PM	3:30 PM	Arts and Athletics Center		
Dec 18, 2022	Sun	Practice	N/A	1:00 PM	3:00 PM	Arts and Athletics Center		
Dec 20, 2022	Tue	Practice	N/A	6:30 PM	8:30 PM	Arts and Athletics Center		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2022	Wed	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Dec 23, 2022	Fri	Practice	N/A	1:30 PM	3:30 PM	Arts and Athletics Center		
Dec 24, 2022	Sat	Practice	N/A	8:30 AM	10:00 AM	Arts and Athletics Center		
Dec 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Arts and Athletics Center		
Dec 28, 2022	Wed	Regular Season (Impact Tourney) 55-45 W	@ Burnt Hills- Ballston Lake HS	2:15 PM		Impact Athletic Center		NL
Dec 29, 2022	Thu	Regular Season (Impact Athletic Center Holiday Showcase) 34-52 L	Averill Park High School	6:45 PM		Impact Athletic Center		NL
Dec 30, 2022	Fri	Practice	N/A	1:30 PM		Arts and Athletics Center		
Dec 31, 2022	Sat	Practice	N/A	8:30 AM	10:00 AM	Arts and Athletics Center		
Jan 2, 2023	Mon	Practice	N/A	11:00 AM	1:00 PM	Arts and Athletics Center		
Jan 3, 2023	Tue	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 4, 2023	Wed	Practice	N/A	8:00 PM	9:30 PM	Arts and Athletics Center		
Jan 5, 2023	Thu	Regular Season	@ Wallkill	6:00 PM		Wallkill HS		L
Jan 6, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Arts and Athletics Center		
Jan 7, 2023	Sat	Regular Season (Tournament)	@ Warwick Valley	12:00 PM		Monroe Woodbury High		L
Jan 9, 2023	Mon	Practice	N/A	8:00 PM	9:30 PM	Arts and Athletics Center		
Jan 10, 2023	Tue	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 11, 2023	Wed	Practice	N/A	6:30 PM	8:00 PM	Arts and Athletics Center		
Jan 11, 2023	Wed	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 12, 2023	Thu	Regular Season	@ Harrison	5:00 PM		HS Big Gym		NL
Jan 13, 2023	Fri	Regular Season	@ Rondout Valley	6:00 PM		Rondout Valley HS		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 14, 2023	Sat	Practice	N/A	11:00 AM	1:00 PM	Arts and Athletics Center		
Jan 16, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	Arts and Athletics Center		
Jan 17, 2023	Tue	Regular Season	New Paltz	6:00 PM		Arts and Athletics Center		L
Jan 18, 2023	Wed	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 19, 2023	Thu	Practice	N/A	6:30 PM	8:00 PM	Arts and Athletics Center		
Jan 20, 2023	Fri	Regular Season	@ Marlboro	5:45 PM		Marlboro HS		L
Jan 21, 2023	Sat	Practice	N/A	12:15 PM	2:30 PM	Arts and Athletics Center		
Jan 24, 2023	Tue	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 25, 2023	Wed	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center		
Jan 26, 2023	Thu	Practice	N/A	5:30 PM	7:30 PM	Small Gym		
Jan 27, 2023	Fri	Regular Season	Red Hook	6:00 PM		Arts and Athletics Center		L
Jan 28, 2023	Sat	Regular Season 55-26 W	@ Shaker High School	4:30 PM		Shaker High School- H Gym		NL
Jan 30, 2023	Mon	Regular Season	Millbrook	6:15 PM		Arts and Athletics Center		L
Jan 31, 2023	Tue	Practice	N/A	8:00 PM	9:30 PM	Arts and Athletics Center		
Feb 1, 2023	Wed	Regular Season	Hyde Park	6:00 PM		Arts and Athletics Center		L
Feb 2, 2023	Thu	Practice	N/A	6:00 PM	7:30 PM	Arts and Athletics Center		
Feb 3, 2023	Fri	Regular Season	@ Saugerties	6:00 PM		Saugerties HS		L
Feb 5, 2023	Sun	Practice	N/A	1:00 PM	3:00 PM	Arts and Athletics Center		
Feb 6, 2023	Mon	Practice	N/A	8:00 PM	9:30 PM	Arts and Athletics Center		
Feb 7, 2023	Tue	Regular Season	@ Hyde Park	6:00 PM		FDR HS A/B Gym		L
Feb 9, 2023	Thu	Practice	N/A	6:30 PM	8:30 PM	Arts and Athletics Center		

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Feb 10, 2023	Fri	Regular Season	Wallkill	6:00 PM		Arts and Athletics Center			L
Feb 12, 2023	Sun	Practice	N/A	1:00 PM	3:00 PM	Arts and Athletics Center			
Feb 13, 2023	Mon	Practice	N/A	8:00 PM	9:30 PM	Arts and Athletics Center			
Feb 14, 2023	Tue	Practice	N/A	5:30 PM	7:30 PM	Arts and Athletics Center			
Feb 15, 2023	Wed	Regular Season	@ Red Hook	5:30 PM		Red Hook HS	Bus/Driver: Our Lady of Lourdes High School	Departure Point: North Parking Lot Departure Time: 3:45 PM	L
Feb 16, 2023	Thu	Practice	N/A	6:30 PM	8:30 PM	Arts and Athletics Center			
Feb 17, 2023	Fri	Practice	N/A	1:30 PM	3:30 PM	Arts and Athletics Center			
Feb 20, 2023	Mon	Practice	N/A	7:30 PM	9:30 PM	Arts and Athletics Center			
Feb 21, 2023	Tue	Scrimmage	Beacon	5:00 PM	7:00 PM	Arts and Athletics Center			L
Feb 22, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	Arts and Athletics Center			
Feb 23, 2023	Thu	Practice	N/A	TBD	7:30 PM	Arts and Athletics Center			
Feb 24, 2023	Fri	Practice	N/A	4:30 PM	6:30 PM	Arts and Athletics Center			
Feb 25, 2023	Sat	Practice	N/A	11:30 AM	12:00 PM	Arts and Athletics Center			
Feb 26, 2023	Sun	Practice	N/A	4:00 PM	6:00 PM	Arts and Athletics Center			
Mar 1, 2023	Wed	Post-Season	@ Warwick Valley	6:00 PM		TBD	Bus/Driver: OLL	Departure Time: 3:15 PM	NL
Mar 2, 2023	Thu	Post-Season	@ Monroe- Woodbury	5:00 PM		SUNY Sullivan	Bus/Driver: OLL	Departure Time: 2:00 PM	NL

Date: 2024-05-06