

| Sep 4, 2019 Sep 5, 2019 | Wed Thu Sat | Practice Practice Practice Regular | N/A N/A | 3:30 PM 3:30 PM | 5:30 PM | Post Gym | |
|----------------------------|-------------------|------------------------------------|------------------|--------------------|-------------|----------------------|----|
| Sep 5, 2019 | Thu Sat | Practice Regular | | 3:30 PM | F 00 | | |
| · | Sat | Regular | N/A | | 5:30 PM | Post Gym | |
| Sep 7, 2019 | Sai | - | 14/1 | 3:30 PM | 5:30 PM | Post Gym | |
| | Mon | Season | @ North Rockland | 9:30 AM | 12:00 PM | North Rockland HS | NL |
| Sep 9, 2019 | IVIOIT | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 10, 2019 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 11, 2019 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 12, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 13, 2019 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 14, 2019 | | Regular Season | Pleasantville | 9:30 AM | 12:00 PM | Memorial Field | L |
| Sep 16, 2019 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 17, 2019 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 18, 2019 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 19, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 21, 2019 | | Regular Season | @ Arlington | 10:00 AM | 12:30 PM | Arlington HS | NL |
| Sep 23, 2019 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 24, 2019 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 25, 2019 | | Regular Season | @ Yorktown | 6:00 PM | 8:30 PM | Yorktown HS | L |
| Sep 26, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Sep 30, 2019 | Mon | Practice | N/A | TBD | | Post Gym | |
| Oct 1, 2019 | Tue | Practice | N/A | TBD | | Post Gym | |
| Oct 2, 2019 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 3, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 4, 2019 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | TBD | |
| Oct 5, 2019 | | Regular Season | White Plains | 9:30 AM | 12:00 PM | Memorial Field | NL |
| Oct 7, 2019 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 8, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | Post Gym | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | LEAGUE / TRANSPORTATION NON- LEAGUE |
|--------------|-------------|-------------------|----------------------------------|---------------|-------------|--------------------|---|
| Oct 9, 2019 | Wed | Practice | N/A | TBD | | Post Gym | |
| Oct 10, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 11, 2019 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 12, 2019 | Sat | Regular Season | New Rochelle (Fall Cheerleading) | 9:30 AM | 12:00 PM | Memorial Field | L |
| Oct 14, 2019 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 15, 2019 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 16, 2019 | Wed | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 17, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 19, 2019 | Sat | Regular Season | Scarsdale | 6:30 PM | 9:00 PM | Memorial Field | L |
| Oct 21, 2019 | Mon | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 22, 2019 | Tue | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 23, 2019 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Post Gym | |
| Oct 24, 2019 | Thu | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 25, 2019 | Fri | Practice | N/A | 3:30 PM | 5:30 PM | Post Gym | |
| Oct 26, 2019 | Sat | Regular Season | @ Port Chester | 3:00 PM | | Port Chester HS | NL |

Date: 2024-05-20