

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 15, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 16, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 17, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 18, 2022	Fri	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 19, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Nov 21, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 22, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 23, 2022	Wed	Practice	N/A	12:15 PM	1:45 PM	Post Gym		
Nov 25, 2022	Fri	Scrimmage	@ White Plains	10:00 AM		White Plains HS		NL
Nov 26, 2022	Sat	Scrimmage	Clarkstown North	11:00 AM	12:30 PM	Post Gym		NL
Nov 28, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 29, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 30, 2022	Wed	Practice	N/A	5:15 PM	7:30 PM	Palmer Gym		
Dec 1, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 2, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 3, 2022	Sat	Scrimmage	Peekskill	11:00 AM		Post Gym		NL
Dec 5, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 6, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Dec 7, 2022	Wed	Regular Season	Fox Lane	5:30 PM	7:00 PM	Palmer Gym		L
Dec 8, 2022	Thu	Regular Season	@ Rye	5:00 PM	6:30 PM	Rye HS		L
Dec 9, 2022	Fri	Practice	N/A	4:00 PM	5:30 PM	Post Gym		
Dec 10, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Dec 12, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Dec 13, 2022	Tue	Regular Season	Arlington	6:00 PM	7:30 PM	Palmer Gym		NL
Dec 14, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Post Gym		

Dec 15, 2022	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 17, 2022 Sat	Dec 15, 2022	Thu		@ Walter Panas	5:00 PM				
Dec 17, 2022 Mon	Dec 16, 2022	Fri	Practice	N/A	3:15 PM		Palmer Gym		
Dec 20, 2022 Tue	Dec 17, 2022	Sat	Practice	N/A	9:30 AM		Post Gym		
Dec 21, 2022 Wed Regular Season Regular Season Rosevelt 4:30 PM	Dec 19, 2022	Mon	Practice	N/A	5:15 PM		Palmer Gym		
Dec 22, 2022 Thu	Dec 20, 2022	Tue	Season	@ Blind Brook	5:00 PM	PM	Blind Brook HS		L
Dec 23, 2022 Fri	Dec 21, 2022	Wed	-	Ossining	6:00 PM		Palmer Gym		NL
Dec 24, 2022 Fil	Dec 22, 2022	Thu	Practice	N/A		PM	Post Gym		
Dec 24, 2022 Sat Practice N/A AM PM Post Gym	Dec 23, 2022	Fri	Practice	N/A		PM	Post Gym		
Dec 27, 2022 Tue	Dec 24, 2022	Sat	Practice	N/A			Post Gym		
Dec 29, 2022 Thu	Dec 27, 2022	Tue	Practice	N/A			Post Gym		
Jan 2, 2023 Mon Practice N/A 10:00 AM 12:00 AM Post Gym Jan 3, 2023 Tue Practice N/A 3:15 PM PM PM Post Gym Jan 3, 2023 Tue Practice N/A 3:15 PM PM PM Post Gym Jan 4, 2023 Wed Regular Season Esoason Lincoln HS1 6:00 PM PM PM PM PM Post Gym Jan 5, 2023 Thu Practice N/A 5:00 PM PM PM PM PM Post Gym L Jan 6, 2023 Fri Regular Season Rosevelt 4:30 PM PM PM PM Post Gym L Jan 7, 2023 Sat Practice N/A 8:00 AM 10:00 PM PM PM Post Gym Post Gym Jan 10, 2023 Tue Regular Season PM	Dec 28, 2022	Wed	Practice	N/A	8:00 AM		Palmer Gym		
Jan 2, 2023 Mon Practice N/A AM PM Post Gym Jan 3, 2023 Tue Practice N/A 3:15 PM 5:00 PM Post Gym Jan 4, 2023 Wed Regular Season Lincoln HS1 6:00 PM Palmer Gym L Jan 5, 2023 Thu Practice N/A 5:00 PM Post Gym Jan 6, 2023 Fri Regular Season Roosevelt 4:30 PM Post Gym Jan 7, 2023 Sat Practice N/A 8:00 AM 10:00 PM Post Gym Jan 9, 2023 Mon Practice N/A 8:00 AM 10:00 PM Post Gym Jan 10, 2023 Mon Practice N/A 3:15 PM Post Gym L Jan 11, 2023 Wed Practice N/A 3:15 PM Post Gym L Jan 12, 2023 Thu Practice N/A 3:15 PM Post Gym Palmer Gym Jan 13, 2023 Fri Regular Season Season Scarsdale 4:30 PM <td>Dec 29, 2022</td> <td>Thu</td> <td>Practice</td> <td>N/A</td> <td>8:00 AM</td> <td></td> <td>Post Gym</td> <td></td> <td></td>	Dec 29, 2022	Thu	Practice	N/A	8:00 AM		Post Gym		
Jan 4, 2023 Wed Season Regular Season Lincoln HS1 6:00 PM 7:30 PM Palmer Gym L Jan 5, 2023 Thu Practice N/A 5:00 PM 6:30 PM Post Gym Jan 6, 2023 Fri Regular Season Roosevelt 4:30 PM Post Gym L Jan 7, 2023 Sat Practice N/A 8:00 AM 10:00 AM Post Gym Jan 9, 2023 Mon Practice N/A 3:15 PM Post Gym Jan 10, 2023 Tue Regular Season @ Pelham 5:00 PM PM Post Gym Jan 11, 2023 Wed Practice N/A 3:15 PM PM Post Gym Jan 12, 2023 Tue Regular Season @ Pelham 5:00 PM Hutchinson ES L Jan 13, 2023 Tri Practice N/A 3:15 PM Ph Palmer Gym Jan 14, 2023 Sat Regular Season Scarsdale 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular	Jan 2, 2023	Mon	Practice	N/A			Post Gym		
Jan 5, 2023 Thu Practice N/A 5:00 PM PM PM Palmer Gym L Jan 6, 2023 Fri Regular Season Roosevelt Roosevelt Season Roosevelt Ro	Jan 3, 2023	Tue	Practice	N/A	3:15 PM		Post Gym		
Jan 5, 2023 Thu Practice N/A 5:00 PM PM Post Gym Jan 6, 2023 Fri Regular Season Roosevelt 4:30 PM 6:00 PM Palmer Gym L Jan 7, 2023 Sat Practice N/A 8:00 AM 10:00 PM Post Gym Jan 9, 2023 Mon Practice N/A 3:15 PM 5:00 PM Post Gym Jan 10, 2023 Tue Regular Season © Pelham 5:00 PM Hutchinson ES L Jan 11, 2023 Wed Practice N/A 3:00 PM Palmer Gym Jan 12, 2023 Thu Practice N/A 3:15 PM 5:15 PM Palmer Gym Jan 13, 2023 Fri Regular Season Scarsdale 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular Season Many Many Many Many Many Many Many Many	Jan 4, 2023	Wed		Lincoln HS1	6:00 PM		Palmer Gym		L
Jan 7, 2023 Sat Practice N/A 8:00 AM AM AM AM Post Gym Jan 9, 2023 Mon Practice N/A 3:15 PM 5:00 PM PM Post Gym Jan 10, 2023 Tue Regular Season @ Pelham 5:00 PM PM PM Hutchinson ES L Jan 11, 2023 Wed Practice N/A 3:00 PM PM PM Palmer Gym Palmer Gym Jan 12, 2023 Thu Practice N/A 3:15 PM 5:15 PM PM Palmer Gym Jan 13, 2023 Fri Regular Season Season Season Season Season Season Season Season Season AM 11:00 AM HS Big Gym NL	Jan 5, 2023	Thu	Practice	N/A	5:00 PM		Post Gym		
Jan 7, 2023 Sat Practice N/A 8:00 AM AM Post Gym Jan 9, 2023 Mon Practice N/A 3:15 PM 5:00 PM Post Gym Jan 10, 2023 Tue Regular Season @ Pelham 5:00 PM Hutchinson ES L Jan 11, 2023 Wed Practice N/A 3:00 PM Palmer Gym Jan 12, 2023 Thu Practice N/A 3:15 PM 5:15 PM Palmer Gym Jan 13, 2023 Fri Regular Season Scarsdale 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular Season Season 36-58 L @ Harrison AM HS Big Gym NL	Jan 6, 2023	Fri		Roosevelt	4:30 PM		Palmer Gym		L
Jan 10, 2023 Tue Regular Season @ Pelham 5:00 PM 6:30 PM Hutchinson ES L Jan 11, 2023 Wed Practice N/A 3:00 PM Palmer Gym Jan 12, 2023 Thu Practice N/A 3:15 PM Palmer Gym Jan 13, 2023 Fri Regular Season Scarsdale 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular Season Season 36-58 L @ Harrison 11:00 AM HS Big Gym NL	Jan 7, 2023	Sat	Practice	N/A	8:00 AM		Post Gym		
Jan 11, 2023 Wed Practice N/A 3:00 PM	Jan 9, 2023	Mon	Practice	N/A	3:15 PM		Post Gym		
Jan 11, 2023 Wed Practice N/A 3:00 PM PM Palmer Gym Jan 12, 2023 Thu Practice N/A 3:15 PM 5:15 PM Palmer Gym Jan 13, 2023 Fri Regular Season Season Season Season 36-58 L 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular Season 36-58 L Marrison AM HS Big Gym NL	Jan 10, 2023	Tue		@ Pelham	5:00 PM		Hutchinson ES		L
Jan 13, 2023 Fri Regular Season Scarsdale 4:30 PM Palmer Gym L Jan 14, 2023 Sat Regular Season @ Harrison AM HS Big Gym NL	Jan 11, 2023	Wed	Practice	N/A	3:00 PM		Palmer Gym		
Jan 14, 2023 Season Scarsdale 4.30 PM Painter Gym L Jan 14, 2023 Sat Season Season General Season Gene	Jan 12, 2023	Thu	Practice	N/A	3:15 PM		Palmer Gym		
Jan 14, 2023 Sat Season @ Harrison AM HS Big Gym NL 36-58 L	Jan 13, 2023	Fri		Scarsdale	4:30 PM		Palmer Gym		L
10:00 12:00	Jan 14, 2023	Sat	Season	@ Harrison			HS Big Gym		NL
Jan 16, 2023 Mon Practice N/A AM PM Post Gym	Jan 16, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Jan 17, 2023 Tue Practice N/A 5:00 PM 6:30 Post Gym	Jan 17, 2023	Tue	Practice	N/A	5:00 PM		Post Gym		
Jan 18, 2023 Wed Regular Season @ New Rochelle 6:30 PM NRHS Gym L	Jan 18, 2023	Wed		@ New Rochelle	6:30 PM		NRHS Gym		L
Jan 19, 2023 Thu Practice N/A 4:00 PM 5:15 PM Palmer Gym	Jan 19, 2023	Thu	Practice	N/A	4:00 PM		Palmer Gym		
Jan 20, 2023 Fri Practice N/A 3:00 PM $\frac{5:15}{PM}$ Post Gym	Jan 20, 2023	Fri	Practice	N/A	3:00 PM		Post Gym		

DATE	WEEK	TYPE	OPPONENTS	START	END	LOCATION	TRANSPORTATION	LEAGUE /
DAIL	DAY		OFF CHENTS	TIME	TIME	LOCATION	MANOFORTATION	LEAGUE
Jan 21, 2023	Sat	Regular Season	@ John Jay Cross River	11:00 AM	12:30 PM	John Jay HS		L
Jan 23, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 24, 2023	Tue	Regular Season	@ Clarkstown South	5:00 PM	6:30 PM	Clarkstown South HS		L
Jan 25, 2023	Wed	Regular Season	@ Lincoln HS1	6:00 PM		Lincoln HS, Yonkers		L
Jan 26, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 27, 2023	Fri	Regular Season	Mount Vernon	5:00 PM	6:30 PM	Palmer Gym		L
Jan 28, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Jan 30, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Jan 31, 2023	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Feb 1, 2023	Wed	Regular Season	@ Mount Vernon	6:00 PM		Mount Vernon HS		L
Feb 2, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Feb 3, 2023	Fri	Regular Season	Eastchester	5:00 PM	6:30 PM	Palmer Gym		L
Feb 4, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Feb 6, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Feb 7, 2023	Tue	Regular Season	@ Scarsdale	5:00 PM		Scarsdale HS		L
Feb 8, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Feb 10, 2023	Fri	Regular Season	New Rochelle	4:30 PM		Palmer Gym		L

Date: 2025-12-19