

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 15, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 16, 2022	Wed	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 17, 2022	Thu	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 18, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 19, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Nov 21, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Nov 22, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 23, 2022	Wed	Practice	N/A	1:45 PM	3:15 PM	Post Gym		
Nov 26, 2022	Sat	Scrimmage	@ Lakeland	10:30 AM	12:00 PM	Lakeland High School		NL
Nov 28, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 29, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Nov 30, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 1, 2022	Thu	Practice	N/A	5:15 PM	7:30 PM	Palmer Gym		
Dec 2, 2022	Fri	Scrimmage	Sleepy Hollow	5:00 PM	6:30 PM	Post Gym		NL
Dec 3, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Dec 5, 2022	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Dec 6, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 7, 2022	Wed	Regular Season	@ Yorktown	6:45 PM		Yorktown HS		L
Dec 8, 2022	Thu	Practice	N/A	5:15 PM	7:30 PM	Palmer Gym		
Dec 9, 2022	Fri	Regular Season	Clarkstown South	6:00 PM	7:30 PM	Palmer Gym		L
Dec 10, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Dec 12, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 13, 2022	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Dec 14, 2022	Wed	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Dec 15, 2022	Thu	Practice	N/A	3:00 PM	4:15 PM	Palmer Gym		

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Dec 16, 2022	Fri	Practice	N/A	5:15 PM	6:30 PM	Post Gym		
Dec 17, 2022	Sat	Practice	N/A	8:00 AM	9:30 AM	Post Gym		
Dec 19, 2022	Mon	Regular Season	@ Saunders Trades and Technical HS	6:00 PM	7:30 PM	Saunders HS		L
Dec 20, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 21, 2022	Wed	Practice	N/A	5:15 PM	6:45 PM	Post Gym		
Dec 22, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Dec 23, 2022	Fri	Practice	N/A	1:45 PM	3:15 PM	Post Gym		
CANCELLED Dec 24, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Dec 28, 2022	Wed	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Dec 29, 2022	Thu	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Jan 2, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Jan 3, 2023	Tue	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 4, 2023	Wed	Regular Season	@ Lincoln HS1	6:00 PM	7:30 PM	Lincoln HS, Yonkers		L
Jan 5, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Jan 6, 2023	Fri	Regular Season	@ Mount Vernon	6:00 PM	7:30 PM	Mount Vernon HS		L
Jan 7, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Jan 9, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 10, 2023	Tue	Regular Season	Ursuline School	6:00 PM	7:30 PM	Palmer Gym		L
Jan 11, 2023	Wed	Practice	N/A	5:15 PM	7:30 PM	Palmer Gym		
Jan 12, 2023	Thu	Regular Season	@ Scarsdale	5:00 PM	6:30 PM	Scarsdale HS		L
Jan 13, 2023	Fri	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 14, 2023	Sat	Regular Season	Roy C Ketcham/ Wappingers JHS	10:15 AM	11:45 AM	Palmer Gym		L
Jan 16, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Post Gym		
Jan 17, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Jan 18, 2023	Wed	Regular Season	New Rochelle	6:30 PM	8:00 PM	Palmer Gym		L
Jan 19, 2023	Thu	Practice	N/A	5:15 PM	7:30 PM	Palmer Gym		
Jan 20, 2023	Fri	Regular Season	Lincoln HS1	6:00 PM	7:30 PM	Palmer Gym		L
Jan 21, 2023	Sat	Regular Season	@ Arlington	1:15 PM	2:45 PM	Arlington HS		L
Jan 23, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	Post Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 24, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Palmer Gym		
Jan 25, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Palmer Gym		
Jan 26, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
CANCELLED Jan 27, 2023	Fri	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 28, 2023	Sat	Regular Season	@ Ossining	1:45 PM	3:15 PM	Ossining HS		NL
Jan 30, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Jan 31, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Post Gym		
Feb 1, 2023	Wed	Regular Season	Mount Vernon	6:00 PM	7:30 PM	Palmer Gym		L
Feb 2, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Feb 3, 2023	Fri	Regular Season	@ Ursuline School	6:30 PM	8:00 PM	Ursuline HS		L
Feb 4, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Post Gym		
Feb 6, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Feb 7, 2023	Tue	Regular Season	Scarsdale	5:30 PM	7:00 PM	Palmer Gym		L
Feb 8, 2023	Wed	Regular Season	Hastings	4:15 PM	5:45 PM	Palmer Gym		NL
Feb 9, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Post Gym		
Feb 10, 2023	Fri	Regular Season	@ New Rochelle	6:30 PM		NRHS Gym		L

Date: 2025-12-19