

Coaches:

- Christine Smalley
- Ashleigh Staudt

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME		LEAGUE TRANSPORTATION / NON- LEAGUE
POSTPONED Mar 11, 2024	Mon	Practice (First Day of Practice)	N/A	3:00 PM	4:45 PM	Middle/High School Fitness Center	
Mar 12, 2024	Tue	Practice (First Day of Practice)	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 13, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 14, 2024	Thu	Practice (Parent Meeting)	N/A	5:00 PM	5:30 PM	Middle/High School Cafeteria	
Mar 15, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 18, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 19, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 20, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 21, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 22, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	4:45 PM	Middle/High School Fitness Center	
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	Middle/High School Fitness Center	
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Middle/High School Fitness Center	
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	Middle/High School Fitness Center	
Apr 2, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 3, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 4, 2024	Thu	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 5, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 9, 2024	Tue	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 10, 2024	Wed	Practice	N/A	3:00 PM	4:45 PM	Middle/High School	
Apr 11, 2024	Thu	Regular Season	Waterville, Hamilton, Living Word Academy	4:30 PM		Middle/High School Track Stadium	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 16, 2024	Tue	Regular Season	Cooperstown @ Waterville	4:30 PM	9:00 PM	Track	Departure Point: High School Departure Time: 2:45 PM	L
Apr 18, 2024	Thu	Regular Season	Poland, Hamilton	4:30 PM	9:00 PM	Middle/High School Track Stadium		L
Apr 26, 2024	Fri	Regular Season (Cahill Track Invite at Sauquoit)	@ TBD	4:00 PM		Stadium Field	Departure Point: High School Departure Time: 1:30 PM	NL
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
Apr 30, 2024	Tue	Regular Season	Sauquoit Valley, Westmoreland, Cazenovia	4:30 PM		Middle/High School Track Stadium		L
May 1, 2024	Wed	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 3, 2024	Fri	Regular Season (REK Track Invite at Sidney 3:45 Coaches Meeting)	@ TBD	4:00 PM		Sidney HS Track	Departure Point: High School Departure Time: 1:45 PM	NL
May 6, 2024	Mon	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 7, 2024	Tue	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 7, 2024	Tue	Regular Season	Mount Markham @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary	Departure Point: High School Departure Time: 2:45 PM	L
May 8, 2024	Wed	Practice	N/A	3:00 PM		Middle/High School		
May 9, 2024	Thu	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:40 PM	Middle/High School		
May 14, 2024	Tue	Regular Season (CSC Division III and IV Championships. Coaches Meeting at 3:00)	Mount Markham, Cooperstown, Westmoreland, Waterville, Hamilton, Poland, New York Mills, Oriskany, Remsen, Town of Webb UFSD (Varsity Girls Track), TBD @ Sauquoit Valley	3:30 PM		Stadium Field	Departure Point: High School	L
May 17, 2024	Fri	Regular Season	Fabius-Pompey, Faith Heritage, Bishop Grimes @ DeRuyter	4:00 PM		DeRuyter HS Track		NL
May 21, 2024	Tue	Post-Season (Section III Class C1 Meet at Utica College)	@ TBD	3:00 PM		TBD	Departure Point: High School Departure Time: 1:45 PM	NL

Date: 2024-05-05