Coaches:

• Ashleigh Stoudt, Head Coach

| DATE | WEEK | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|------|-------------------|--|---------------|-------------|--|--|----------------------------|
| Apr 2, 2024 | Tue | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 3, 2024 | Wed | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 4, 2024 | Thu | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 5, 2024 | Fri | Practice | N/A | 3:00 PM | РМ | | | |
| Apr 9, 2024 | Tue | Practice | N/A | 3:00 PM | РМ | Middle/High School | | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 11, 2024 | Thu | Practice | N/A | 3:00 PM | РМ | Middle/High School | | |
| Apr 12, 2024 | Fri | Practice | N/A | 3:00 PM | РМ | Middle/High School | | |
| Apr 15, 2024 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 16, 2024 | Tue | Practice | N/A | 3:00 PM | 4:45 PM | Middle/High School | | |
| Apr 29, 2024 | Mon | Practice | N/A | 3:00 PM | PM | Middle/High School | | |
| Apr 30, 2024 | Tue | Practice | N/A | 3:00 PM | 4:40 PM | Middle/High School | | |
| May 1, 2024 | Wed | Practice | N/A | 3:00 PM | 4:40 PM | Middle/High School | | |
| May 3, 2024 | Fri | Practice | N/A | 3:00 PM | 4:40 PM | Middle/High School | | |
| May 6, 2024 | Mon | | Canastota, Mount Markham (Modified Track and Field) | 4:30 PM | | Middle/High School Track Stadium | Departure Point: High School | L |
| May 7, 2024 | Tue | Practice | N/A | 3:00 PM | | Middle/High School | | |
| May 8, 2024 | Wed | Practice | N/A | 3:00 PM | 4:40 PM | Middle/High School | | |
| May 10, 2024 | Fri | Practice | N/A | 3:00 PM | 4:40 PM | Middle/High School | | |
| May 20, 2024 | Mon | | Westmoreland, Herkimer, Sauquoit Valley | 4:30 PM | | Middle/High School Track Stadium | Departure Point: High School | L |
| May 29, 2024 | Wed | Regular Season | Canastota, Clinton | 4:30 PM | | Middle/High School Track Stadium | Departure Point: High School | L |

Date: 2024-05-18