



# Harrison

## (G) V Winter Track

### Coaches:

- Mike Pellet
- Shannon Heffernan
- Andrew Dapolite
- Mike Pellet

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 18, 2024	Mon	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track		
Nov 19, 2024	Tue	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 20, 2024	Wed	Practice (Track Meet-Coach Saint Invite)	N/A	3:00 AM	10:00 PM	Armory		
Nov 20, 2024	Wed	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 21, 2024	Thu	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 22, 2024	Fri	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 23, 2024	Sat	Practice	N/A	10:15 AM	11:30 AM	HS Track		
Nov 25, 2024	Mon	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 26, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	HS Track		
Nov 27, 2024	Wed	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 28, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Track		
Nov 29, 2024	Fri	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Nov 30, 2024	Sat	Practice	N/A	10:15 AM	11:30 AM	HS Track		
Dec 2, 2024	Mon	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Dec 3, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	HS Track		
Dec 4, 2024	Wed	Practice	N/A	3:05 PM	4:45 PM	HS Track		
Dec 5, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Track		
Dec 6, 2024	Fri	Practice	N/A	3:15 PM	4:45 PM	HS Track		
Dec 8, 2024	Sun	Practice (Track Meet)	N/A	3:00 PM	10:00 PM	Armory		
Dec 8, 2024	Sun	Regular Season (Kick-Off)	@ TBD	5:00 PM		Armory	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 3:00 PM
Dec 11, 2024	Wed	Practice (Track Meet- Rockland Community College)	N/A	2:45 PM	9:45 PM	Rockland Community College		
Dec 11, 2024	Wed	Regular Season (Frosh/Soph Meet @ TBD II)		4:30 PM		Rockland Community College	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 2:45 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2024	Sat	Practice (Track Meet- Jim Mitchell Invite)	N/A	3:00 PM	10:00 PM	Armory			
Dec 14, 2024	Sat	Regular Season (Jim Mitchell Invite)	@ TBD	5:00 PM		Armory	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 3:00 PM	
Dec 20, 2024	Fri	Regular Season (Coach Saint Invite)	@ TBD	5:00 PM		Armory	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 3:00 PM	
Dec 23, 2024	Mon	Practice	N/A	10:00 AM	11:30 AM	HS Small Gym			
Dec 27, 2024	Fri	Regular Season (Pearl River Holiday Festival)	@ TBD	8:30 AM		Rockland Community College	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 7:00 AM	
Jan 1, 2025	Wed	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 2, 2025	Thu	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 3, 2025	Fri	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 6, 2025	Mon	Practice (Track Meet- Dendy)	N/A	2:45 PM	10:00 PM	Rockland Community College			
Jan 6, 2025	Mon	Regular Season (Dendy Meet I)	@ TBD	4:30 PM		Rockland Community College	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 2:45 PM	
Jan 7, 2025	Tue	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 8, 2025	Wed	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 9, 2025	Thu	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 10, 2025	Fri	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 10, 2025	Fri	Regular Season (Invitational)	@ Suffern	4:15 PM		Rockland Community College	Bus/Driver: First Student	Departure Point: Harrison High School, Gym Side L Departure Time: 2:45 PM	
Jan 12, 2025	Sun	Practice (Track Meet- Steve Borbet Invite)	N/A	3:00 PM	8:30 PM	Armory			
Jan 14, 2025	Tue	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 15, 2025	Wed	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 16, 2025	Thu	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 17, 2025	Fri	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 17, 2025	Fri	Regular Season (Steve Borbet Invite)	@ TBD	5:00 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side	L
Jan 20, 2025	Mon	Practice (League Champs)	N/A	3:00 PM	10:00 PM	Armory		<b>Departure Time:</b> 3:00 PM	
Jan 20, 2025	Mon	Regular Season (League 2C Championships)	@ TBD	5:30 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side	L
Jan 21, 2025	Tue	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 22, 2025	Wed	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 23, 2025	Thu	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 25, 2025	Sat	Regular Season (Westchester County Championships)	@ TBD	4:15 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side	L
Jan 25, 2025	Sat	Practice (Weschester County Champs)	N/A	4:30 PM	10:00 PM	Armory		<b>Departure Time:</b> 2:30 PM	
Jan 28, 2025	Tue	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 29, 2025	Wed	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 30, 2025	Thu	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Jan 31, 2025	Fri	Practice (Track Meet)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 1, 2025	Sat	Regular Season (Purple Champions Invite)	@ TBD	4:15 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side	L
Feb 1, 2025	Sat	Practice (Purple Champions)	N/A	TBD		Armory			
Feb 3, 2025	Mon	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 4, 2025	Tue	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 5, 2025	Wed	Practice (Novice Meet)	N/A	3:15 PM	10:00 PM	Armory		<b>Departure Point:</b> Harrison High School, Gym Side	L
Feb 5, 2025	Wed	Regular Season (Novice Meet)	@ TBD	5:30 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Time:</b> 3:15 PM	
Feb 10, 2025	Mon	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 11, 2025	Tue	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 12, 2025	Wed	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 13, 2025	Thu	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			
Feb 14, 2025	Fri	Practice (Track Practice)	N/A	3:15 PM	4:45 PM	HS Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Feb 16, 2025	Sun	Practice (Sectionals)	N/A	7:15 AM	2:00 PM	Armory		
Feb 16, 2025	Sun	Regular Season (Class A Championship)	@ TBD	9:00 AM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side L <b>Departure Time:</b> 7:15 AM
Feb 23, 2025	Sun	Practice (State Qualifier)	N/A	7:30 AM	1:00 PM	Armory		
Feb 23, 2025	Sun	Regular Season (State Qualifier)	@ TBD	9:00 AM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side L <b>Departure Time:</b> 7:30 AM
Mar 4, 2025	Tue	Post-Season (Eastern States)	@ TBD	4:15 PM		Armory	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side L <b>Departure Time:</b> 2:45 PM
TBD		Practice (Track Meet- Pearl River Holiday Festival)	N/A	7:00 AM	2:00 PM	Rockland Community College		

Date: 2026-01-27