

Coaches:

- Keina Samuels , Head Coach
- Mike Pellet
- Joseph Bachana
- Andrew Dapolite
- Joshua Gallagher

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LEAGUE LOCATION TRANSPORTATION / NON- LEAGUE |
|--------------|-------------|--------------------------------------|-----------|---------------|-------------|--|
| Mar 11, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 11, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 12, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 13, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 14, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 15, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 18, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 19, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 20, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 22, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 25, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 26, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 27, 2024 | Wed | Practice (Dual Meet) | N/A | 4:30 PM | 6:30 PM | Mamaroneck |
| Mar 28, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Mar 29, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 1, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 2, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 3, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 4, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 5, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 6, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 8, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 9, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |
| Apr 10, 2024 | Wed | Regular Season (Fulton Invitational) | TBD | 4:15 PM | | HS Turf L |
| Apr 11, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|------------|---------------|-------------|------------------|----------------|----------------------------|
| Apr 12, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 13, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 15, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 15, 2024 | Mon | Regular Season (New Rochelle) | Mamaroneck | 4:30 PM | | HS Track | | L |
| Apr 16, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 17, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 18, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 19, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 20, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 22, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 23, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 24, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 25, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 25, 2024 | Thu | Regular Season (Harrison Field Fest 1) | TBD | 4:15 PM | | HS Turf Field | | L |
| Apr 26, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 27, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 29, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| Apr 30, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 1, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 2, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 3, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 4, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 6, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 7, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 8, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 9, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 10, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 11, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 13, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION / | EAGUE NON- EAGUE |
|--------------|-------------|---------------------------|-----------|---------------|-------------|----------|------------------|------------------------|
| May 14, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 15, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 16, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 17, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 18, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | PIVI | HS Track | | |
| May 20, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 21, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 22, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 23, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 24, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 25, 2024 | Sat | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 27, 2024 | Mon | Practice (Track practice) | N/A | 3:15 PM | PIVI | HS Track | | |
| May 28, 2024 | Tue | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 29, 2024 | Wed | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 30, 2024 | Thu | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |
| May 31, 2024 | Fri | Practice (Track practice) | N/A | 3:15 PM | 4:30 PM | HS Track | | |

Date: 2024-05-19